

SUMMER MEALS!

ALL KIDS EAT FREE!

This institution
is an equal
opportunity
provider.

Blairsville-Saltsburg Schools Food Services Summer Meals Program

No paperwork necessary. Must be 18 or under for free meals.

June 10 - July 18, 2019, Monday - Thursday

8:45 am - 9:30 & 11:45 - 12:30 pm

FOR BREAKFAST,
CHOOSE AT LEAST
3 ITEMS
TOTAL

2019 Summer Meals Sites

**Saltsburg Middle Senior
High**
84 Trojan Lane, Saltsburg
Blairsville High School -
100 School Lane, Blairsville

Alternate Entree Cheese Sandwich

PLEASE ASK IF YOU'RE
NOT SURE, AND PLEASE
ENJOY YOUR MEAL!

Please call
724 459-5500
Ext. 2114 for more info,
or email
Coutsoumbisgeorge

FOR LUNCH,
CHOOSE AT LEAST
3 ITEMS
TOTAL
FROM AT LEAST 3
DIFFERENT GROUPS

Monday, June 10

Breakfast

Cereal Bar or
Asst. Cereal
Applesauce Cup or
Fruit Juice
Milk Choice

Lunch

Chicken Patty on Bun
Baby Peeled Carrots
Sliced Peaches
Milk Choice

Tuesday, June 11

Breakfast

Bakery Honey Bun or
Asst. Cereal
Fresh Orange or
Fruit Juice
Milk Choice

Lunch

Cheeseburger on Bun
Tater Tots
Fresh Apples
Milk Choice

Wednesday, June 12

Breakfast

Pancake & Sausage Stick
or Asst. Cereal
Craisins or Fruit Juice
Milk Choice

Lunch

Pulled Pork Sandwich
Golden Kernel Corn
Diced Pears
Milk Choice

Thursday, June 13

Breakfast

Bagel w Margarine or
Asst. Cereal
Apple Slices or
Fruit Juice
Milk Choice

Lunch

Stuffed Crust Pizza
Garden Salad
Fresh Watermelon
Milk Choice

Monday, June 17

Breakfast

Orange Dream Mini Loaf
Asst. Cereal
Apple Slices or
Fruit Juice
Milk Choice

Lunch

Hot Dog on Bun
Hash Brown Potatoes
Fresh Nectarines
Milk Choice

Tuesday, June 18

Breakfast

Cinnamon Roll or
Asst. Cereal
Straw-Banana Applesauce
Fruit Juice
Milk Choice

Lunch

Baked Italian Hoagie
Fresh Broccoli Florets
Fresh Peaches
Milk Choice

Wednesday, June 19

Breakfast

Pancake & Sausage Stick
or Asst. Cereal
Fresh Orange or
Fruit Juice
Milk Choice

Lunch

Toasted Cheese Sandwich
Fresh Celery Sticks
Fresh Apples
Milk Choice

Thursday, June 20

Breakfast

Blueberry Muffin Top or
Asst. Cereal
Fruit Cocktail or
Fruit Juice
Milk Choice

Lunch

Pepperoni Pizza
Garden Salad
Fresh Strawberries
Milk Choice

Monday, June 24

Breakfast

Blueberry or Apple
Muffin or
Asst. Cereal
Applesauce Cup or
Fruit Juice
Milk Choice

Lunch

Chicken Patty on Bun
Baby Peeled Carrots
Sliced Peaches

Tuesday, June 25

Breakfast

Bakery Honey Bun or
Asst. Cereal
Fresh Orange or
Fruit Juice
Milk Choice

Lunch

Cheeseburger on Bun
Tater Tots
Fresh Apples
Milk Choice

Wednesday, June 26

Breakfast

Pancake & Sausage Stick
or Asst. Cereal
Craisins or Fruit Juice
Milk Choice

Lunch

Pulled Pork Sandwich
Golden Kernel Corn
Diced Pears
Milk Choice

Thursday, June 27

Breakfast

Bagel w Margarine or
Asst. Cereal
Apple Slices or
Fruit Juice
Milk Choice

Lunch

Stuffed Crust Pizza
Garden Salad
Fresh Watermelon
Milk Choice

Monday, July 1

Breakfast

Orange Dream Mini Loaf
Asst. Cereal
Apple Slices or
Fruit Juice
Milk Choice

Lunch

Hot Dog on Bun
Hash Brown Potatoes
Fresh Nectarines
Milk Choice

Tuesday, July 2

Breakfast

Cinnamon Roll or
Asst. Cereal
Straw-Banana
Applesauce
Fruit Juice
Milk Choice

Lunch

Baked Italian Hoagie
Fresh Broccoli Florets
Fresh Peaches

Wednesday, July 3

Breakfast

Pancake & Sausage Stick
or Asst. Cereal
Fresh Orange or
Fruit Juice
Milk Choice

Lunch

Toasted Cheese Sandwich
Fresh Celery Sticks
Fresh Apples
Milk Choice



No Meals

Monday, July 8

Breakfast

Blueberry or Apple
Muffinb or
Asst. Cereal
Applesauce Cup or
Fruit Juice
Milk Choice

Lunch

Chicken Patty on Bun
Baby Peeled Carrots
Sliced Peaches

Tuesday, July 9

Breakfast

Bakery Honey Bun or
Asst. Cereal
Fresh Orange or
Fruit Juice
Milk Choice

Lunch

Cheeseburger on Bun
Tater Tots
Fresh Apples
Milk Choice

Wednesday, July 10

Breakfast

Pancake & Sausage Stick
or Asst. Cereal
Craisins or Fruit Juice
Milk Choice

Lunch

Pulled Pork Sandwich
Golden Kernel Corn
Diced Pears
Milk Choice

Thursday, July 11



Monday, July 15

Breakfast

Orange Dream Mini Loaf
Asst. Cereal
Apple Slices or
Fruit Juice
Milk Choice

Lunch

Hot Dog on Bun
Hash Brown Potatoes
Fresh Nectarines

Tuesday, July 16

Breakfast

Cinnamon Roll or
Asst. Cereal
Straw-Banana
Applesauce
Fruit Juice
Milk Choice

Lunch

Baked Italian Hoagie
Fresh Broccoli Florets
Fresh Peaches

Wednesday, July 17

Breakfast

Pancake & Sausage Stick
or Asst. Cereal
Fresh Orange or
Fruit Juice
Milk Choice

Lunch

Toasted Cheese Sandwich
Fresh Celery Sticks
Fresh Apples
Milk Choice

Thursday, July 18

Breakfast

Blueberry Muffin Top or
Asst. Cereal
Fruit Cocktail or
Fruit Juice
Milk Choice

Lunch

Pepperoni Pizza
Garden Salad
Fresh Strawberries
Milk Choice

**We're here to serve you and your family
delicious breakfast and lunch all summer long!
Convenient, healthy, FREE meals every summer
weekday!**

**No paperwork necessary. Must be 18 or
under for free meals.**

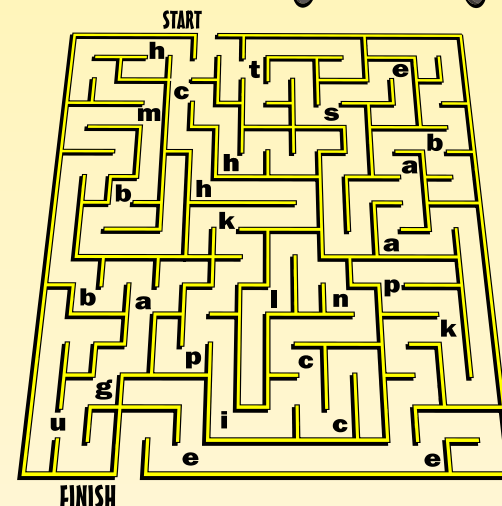
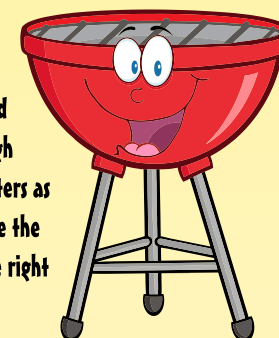
**Please see other
side for 2019
Summer
Meals Sites**

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2019, Monday -
Thursday
8:45 am - 9:30 &
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Ext. 2114 for more info,
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Coutsoumbisgeorge
@h-ssd.org**

What's the #1
favorite grilled
food in America? To find
out, trace a path through
the maze, collecting letters as
you go. Then, rearrange the
letters you found on the right
path to get the answer!



ANSWER:

**Blairsville-Saltsburg Schools
Food Services Summer Meals Program**