

**Monday, May 17**

**Breakfast**

Yogurt Bar  
Cheese Stick  
Juice, Milk

**Lunch**

Chicken Strips  
Apple Crisp  
Veggie

**Tuesday, May 18**

**Breakfast**

Ham & Egg Pocket  
Juice, Milk

**Lunch**

Spaghetti w/Meatballs  
Veggie  
Fruit

**Wed., May 19**

**Breakfast**

French Toast  
Juice, Milk

**Lunch**

Tuna Salad Sandwich  
Veggie Sticks  
Fruit

**Thursday, May 20**

**Breakfast**

Elfin Loaf  
Cheese Stick  
Juice, Milk

**Lunch**

Sloppy Joes  
Rotini Salad  
Veggie  
Fruit

**Monday, May 24**

**Breakfast**

Cereal Bar  
Cheese Stick  
Juice, Milk

**Lunch**

Chicken Noodle w/Cheese  
Casserole  
Veggie  
Fruit

**Tuesday, May 25**

**Breakfast**

Tac-Go  
Juice, Milk

**Lunch**

Teriyaki Meatballs  
Rice  
Veggie  
Peach Cobbler

**Wed., May 26**

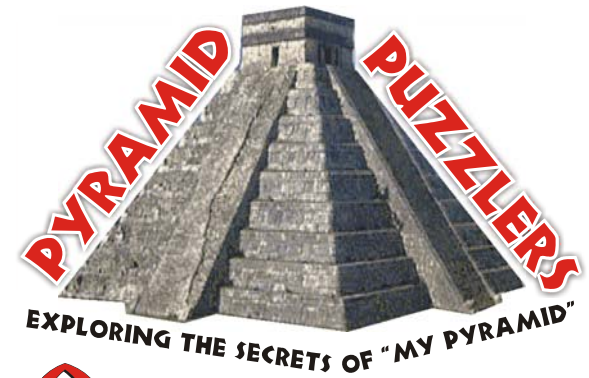
**Breakfast**

Mini Pancakes  
Juice, Milk

**Lunch**

Uncrustables  
Fruit  
Veggie

Have a safe and fun summer. We look forward to serving you again next school year.



**Q:** How much sugar do you eat?



**A:** If you eat like most Americans, you consume over 20 teaspoons of added sugar every single day, or 115 pounds a year. That's just what we get from processed food and drinks, without ever actually dipping a spoon in the sugar bowl. Current guidelines recommend no more than 6-9 teaspoons of added sugar a day. Want sweetness without the side effects? Get your sugar the natural way - from fresh fruit.

**LEARN MORE AT [WWW.KIDSHEALTH.ORG/KID/STAY\\_HEALTHY/FOOD/PYRAMID.HTML](http://WWW.KIDSHEALTH.ORG/KID/STAY_HEALTHY/FOOD/PYRAMID.HTML)**

**★ OUR NATION'S HISTORY ★**

It doesn't sound very American, but the White House in Washington, D.C. was originally known as the Presidential Palace. It's also been known as the



Presidential Mansion, the Executive Mansion, and the President's House. It didn't become officially known as the White House until the time of President Franklin D. Roosevelt in the 1930's.

**★ WITH LIBERTY & JUSTICE FOR ALL ★**

**Try not to grow up too fast on us.**

The school year probably seems like it takes forever to you. But to your parents (and to us), it seems like you're a baby one day and all grown up the next. If you're moving on to a new school next year, good luck. If not, we'll see you back here in a couple of months. But, either way, please do us a favor this summer: try to enjoy just being a kid. Because before you know it, a grown-up will be staring back at you from the mirror!

