

Menus for December 2018
Homer-Center Elementary

This institution is an equal opportunity provider. Menus are subject to change.

NUTRITION TO GO

The widespread use of chocolate in everything from drinks to candies to other confections makes it one of our most versatile and popular flavorings. Over the years, chocolate has been both praised and criticized regarding its healthfulness. Just remember: chocolate, like most treats, is a food best enjoyed in moderation.

A QUICK BITE FOR PARENTS

COLD ≠ COLD.

Cold weather doesn't cause colds - viruses do! Same with the flu. Kids (and adults) should always dress appropriately outdoors for comfort and to avoid frostbite. But if you don't want to get sick, you should wash your hands!



EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

STRANGE BUT TRUE!

BIG BIRD, MOVE OVER! THE BIGGEST BIRD THAT EVER EXISTED ON EARTH WAS **TEN FEET TALL AND WEIGHED HALF A TON!** THIS MONSTER, KNOWN AS **THE ELEPHANT BIRD**, WAS FLIGHTLESS, NEARLY BLIND, AND **ONLY CAME OUT AT NIGHT.** IT PROWLED THE TROPICAL RAINFORESTS OF MADAGASCAR, A REMOTE ISLAND OFF THE COAST OF AFRICA. **AND IT DIDN'T JUST LIVE IN DINOSAUR DAYS** - THE ELEPHANT BIRD MAY STILL HAVE BEEN STOMPING AROUND **JUST 500 YEARS AGO!**



Monday, December 3

Breakfast
Berry French Toast Minis
Sausage Patty-Pineapple

Lunch
Soft Taco
Lettuce & Tomato
Steamed Broccoli
Buttered Noodles
Mixed Fruit

Alternate Entrees
Hamburger w/wo Bun
Chicken Patty w/wo Bun
PBJ, Chef or Tuna Salad

Tuesday, December 4

Breakfast
Ham & Cheese Bagel
Mandarin Oranges

Lunch
Pizza Sticks w/wo Dipping Sauce
Tossed Salad-Baby Carrots
Fresh Red Grapes
Double Chocolate Cookie

Alternate Entrees
Hot Dog w/wo Bun
Chicken Patty w/wo Bun
PBJ, Chef or Tuna Salad

Wednesday, December 5

Breakfast
Chocolate Chip Muffin Top
Applesauce

Lunch
Oven Roasted Turkey
Seasoned Green Beans
Whipped Potatoes
Dinner Roll
Fresh Apple

Alternate Entrees
Meat Ball Sub w/wo Bun
Chicken Patty w/wo Bun
PBJ, Chef or Tuna Salad

Thursday, December 6

Breakfast
Sausage Breakfast Pizza
Peaches

Lunch
Pop Corn Chicken Bites
Oven Fries
Hobo Beans
Chilled Peaches
Mini Rice Krispie Treat

Alternate Entrees
BBQ Rib w/wo Bun
Chicken Patty w/wo Bun
PBJ, Chef or Tuna Salad

Friday, December 7

Breakfast
Breakfast Donut
Pears

Lunch
French Toast Sticks
Sausage Links
Roasted Potatoes
Assorted Fruit Juice
Pineapple Tidbits

Alternate Entrees
Corn Dog
Chicken Patty w/wo Bun
PBJ, Chef or Tuna Salad

Monday, December 10

Breakfast
Pancake & Sausage Stick
Mixed Fruit

Lunch
Italian Panini Sandwich
Lettuce & Tomato
Cheesy Potatoes
Black Bean Salsa w/wo Chips
Chilled Pears

Alternate Entrees
Hamburger w/wo Bun
Chicken Patty w/wo Bun
PBJ, Chef or Tuna Salad

Tuesday, December 11

Breakfast
Chocolate Croissant
Pineapple

Lunch
Wildcat Pizza
Tossed Salad
Fresh Veggie Cup
Chilled Applesauce
Candy Cookie

Alternate Entrees
Hot Dog w/wo Bun
Chicken Patty w/wo Bun
PBJ, Chef or Tuna Salad

Wednesday, December 12

Breakfast
Bacon & Cheese Bagel
Mandarin Oranges

Lunch
Boneless Chicken Wings
Baked Potato
Broccoli w/wo Cheese Sauce
Dinner Roll
Mandarin Oranges

Alternate Entrees
Meat Ball Sub w/wo Bun
Chicken Patty w/wo Bun
PBJ, Chef or Tuna Salad

Thursday, December 13

Breakfast
Blueberry Crumb Cake
Strawberries

Lunch
Walking Taco
Lettuce & Tomato
Tater Tots
Corn on the Cob
Mixed Fruit

Alternate Entrees
BBQ Rib w/wo Bun
Chicken Patty w/wo Bun
PBJ, Chef or Tuna Salad

Friday, December 14

Breakfast
Sausage Breakfast Pizza
Applesauce

Lunch
Shrimp Poppers
Sweet Potato Fries
Seasoned Green Beans
Chilled Pears
Scooby Doo Crackers

Alternate Entrees
Corn Dog
Chicken Patty w/wo Bun
PBJ, Chef or Tuna Salad