

Menus for March 2018

**Homer-Center
Elementary**

This institution is an equal opportunity provider. Menus are subject to change.

EGG-CELLENT.



Ah, the humble, wonderful egg! Just 75 or so calories, but with seven grams of high-quality protein, plus iron, vitamins, minerals, and other disease fighting nutrients. Versatile for cooking. Inexpensive. Readily available. Perhaps the perfect food - for breakfast, or any time!

**EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!**

Thursday, March 1

Breakfast

Sausage Breakfast Pizza
Peaches

Lunch

Oven Roasted Turkey
Whipped Potatoes
Seasoned Green Beans
Dinner Roll
Fresh Apple

Alternate Entrees

BBQ Rib w/wo Bun
Chicken Patty w/wo Bun
PBJ, Chef or Tuna Salad

Friday, March 2

Breakfast

Breakfast Donut
Pears

Lunch

Pizza Sticks w/wo
Dipping Sauce
Seasoned Sweet Peas
Mixed Fruit
Double Chocolate Cookie

Alternate Entrees

Corn Dog
Chicken Patty w/wo Bun
PBJ, Chef or Tuna Salad

AVAILABLE DAILY

Breakfast

Alternate Entrees: assort cold cereals, cereal bars & yogurt

Daily juice choices:
orange, apple & grape

At breakfast...students MUST choose a fruit and two other menu items to qualify as a meal. Additional items chosen above the four item limit will be charged ala carte.

Lunch

At lunch...students MUST choose a fruit or vegetable and two other menu items to qualify as a meal. Additional items chosen above the five item limit will be charged ala carte.

Daily milk choices: 1% white,

Monday, March 5

Breakfast

Pancake & Sausage Stick
Mixed Fruit

Lunch

Popcorn Chicken Bites
Seasoned Corn
Hobo Beans
Chilled Peaches
Mini Rice Krispie Treat

Alternate Entrees

Hamburger w/wo Bun
Chicken Patty w/wo Bun
PBJ, Chef or Tuna Salad

Tuesday, March 6

Breakfast

Pop Tart w/wo Hash Brown
Pineapple Tidbits

Lunch

Jumbo Waffles
Sausage Links
Roasted Potatoes
Assorted Fruit Juice
Chilled Pears

Alternate Entrees

Hot Dog w/wo Bun
Chicken Patty w/wo Bun
PBJ, Chef or Tuna Salad

Wednesday, March 7

Breakfast

Bacon & Cheese Bagel
Mandarin Oranges

Lunch

Steak Hoagie
w/wo Peppers & Onions
Cheesy Potatoes
Fresh Veggie Cup
Pineapple Tidbits

Alternate Entrees

Meat Ball Sub w/wo Bun
Chicken Patty w/wo Bun
PBJ, Chef or Tuna Salad

Thursday, March 8

Breakfast

Sausage Breakfast Pizza
Applesauce

Lunch

Boneless Chicken Wings
Broccoli w/wo Cheese Sauce
Dinner Roll
Mandarin Oranges
Candy Cookie

Alternate Entrees

BBQ Rib w/wo Bun
Chicken Patty w/wo Bun
PBJ, Chef or Tuna Salad

Friday, March 9

Breakfast

Cinnamon Crumb Cake
Peaches

Lunch

Cheese Pizza
Tossed Salad
Glazed Carrots
Chilled Applesauce

Alternate Entrees

Corn Dog
Chicken Patty w/wo Bun
PBJ, Chef or Tuna Salad



Want the whole truth?
Choose bagels and other bread products that are made with whole grains. They're healthiest by a mile!

**Make the healthy,
economical choice!**

Breakfast

Lunch

\$1.35 \$2.40

Get in touch with us today to learn more about free and reduced-price meals in our district:
724-479-3601, Ext. 1144



Don't forget to set your clocks forward one hour on Sunday, March 11!