

# Menus for November 2017

**Homer-Center Elementary**

This institution is an equal opportunity provider.  
Menus are subject to change.



# NUTS.

White-tailed deer live in most of the U.S., and if they're in your neck of the woods, you know that they'll eat just about anything! But they have one particular favorite food: **ACORNS**. These nuts from oak trees provide deer with a perfect package of protein, carbohydrates, calories, and fiber. Deer like them so much that acorns can make up 75% of everything they eat in fall and early winter!

## ANIMAL APPETITES

**WE'RE LOOKING FOR A FEW EXTRA SETS OF HANDS.**

A JOB IN YOUR CHILD'S SCHOOL CAFETERIA ALLOWS YOU TO BE AT HOME WHEN YOUR FAMILY NEEDS YOU THERE. CALL TODAY FOR MORE INFORMATION!

724-479-3601 EXT. 1144

### Wednesday, November 1

**Breakfast**  
Bacon & Cheese Bagel  
Mandarin Oranges

**Lunch**  
**Mrs. Turk's Class**  
Boneless Chicken Wings  
Whipped Potatoes  
Corn on the Cob  
Garlic Bread Stick  
Fruit Salad

**Alternate Entrees**  
Meatball Sub w/wo Bun  
Chicken Patty w/wo Bun  
PBJ, Chef or Tuna Salad

### Thursday, November 2

**Breakfast**  
Pop Tart-Hash Brown  
Pineapple

**Lunch**  
Big Daddy Pizza  
Seasoned Broccoli  
Fresh Veggie Cup  
Applesauce  
Candy Cookie

**Alternate Entrees**  
BBQ Rib w/wo Bun  
Chicken Patty w/wo Bun  
PBJ, Chef or Tuna Salad

### Friday, November 3

**Breakfast**  
Pancake & Sausage Stick  
Mixed Fruit

**Lunch**  
Ham, Cheese & Pepperoni  
Panini Sandwich  
Lettuce & Tomato  
Onion Rings-Pears  
Black Bean Salsa-Chips

**Alternate Entrees**  
Corn Dog  
Chicken Patty w/wo Bun  
PBJ, Chef or Tuna Salad

### Monday, November 6

**Breakfast**  
Cinnamon Crumb Cake  
Strawberries

**Lunch**  
Walking Taco  
Lettuce & Tomato  
Chicken Noodle Soup  
Tater Tots  
Mixed Fruit

**Alternate Entrees**  
Hamburger w/wo Bun  
Chicken Patty w/wo Bun  
PBJ, Chef or Tuna Salad

### Tuesday, November 7

**Breakfast**  
Sausage Breakfast Pizza  
Applesauce

**Lunch**  
Shrimp Poppers  
Tossed Salad  
Glazed Carrots  
Diced Pears

**Alternate Entrees**  
Hot Dog w/wo Bun  
Chicken Patty w/wo Bun  
PBJ, Chef or Tuna Salad

### Wednesday, November 8

**Breakfast**  
Cheesy Scrambled Eggs  
Bagel Half-Pears

**Lunch**  
Pop Corn Chicken Bites  
Whipped Potatoes  
Seasoned Corn  
Fresh Apple Slices

**Alternate Entrees**  
Meatball Sub w/wo Bun  
Chicken Patty w/wo Bun  
PBJ, Chef or Tuna Salad

### Thursday, November 9

**Breakfast**  
French Toast Sticks  
Sausage Patty-Peaches

**Lunch**  
Mrs. T's Pierogies  
w/wo String Cheese  
Fresh Baby Carrots  
Tossed Salad  
Dinner Roll  
Strawberry Cup

**Alternate Entrees**  
BBQ Rib w/wo Bun  
Chicken Patty w/wo Bun  
PBJ, Chef or Tuna Salad

### Friday, November 10

**NO SCHOOL**

**Veterans Day**

PLEASE JOIN US IN SAYING THANKS TO THOSE WHO HAVE SERVED THE CAUSE OF FREEDOM

**What's on YOUR plate?**

**What are the farmers in this picture harvesting?**



Learn more at [www.CHOOSEMYPLATE.gov](http://www.CHOOSEMYPLATE.gov) or [http://kidshealth.org/kid/stay\\_healthy/food/pyramid.html](http://kidshealth.org/kid/stay_healthy/food/pyramid.html)