



Monday, November 13

Breakfast

Cinnamon Roll
Mixed Fruit

Lunch

Chicken Nuggets
Oven Fries
BBQ Baked Beans
Dinner Roll-Mixed Fruit
Vanilla Wafers

Alternate Entrees

Hamburger w/wo Bun
Chicken Patty w/wo Bun
PBJ, Chef or Tuna Salad

Tuesday, November 14

Breakfast

Jumbo Waffles
Bacon-Pineapple

Lunch

Mrs. Stossel's Class
French Bread Pizza
Seasoned Corn
Tortilla Chips & Cheese
Fresh Apple Wedges

Alternate Entrees

Hot Dog w/wo Bun
Chicken Patty w/wo Bun
PBJ, Chef or Tuna Salad

Wednesday, November 15

Breakfast

Pop Tart-Hash Brown
Mandarin Oranges

Lunch

Oven Roasted Turkey
Glazed Sweet Potatoes
Seasoned Green Beans
Dinner Roll-Diced Peaches
Pumpkin Cookie

Alternate Entrees

Meatball Sub w/wo Bun
Chicken Patty w/wo Bun
PBJ, Chef or Tuna Salad

Thursday, November 16

Breakfast

Bacon & Cheese Bagel
Applesauce

Lunch

Toasted Cheese Sandwich
Creamy Tomato Soup
Gold Fish Crackers
Carrot & Celery Sticks
Pineapple Tidbits

Alternate Entrees

BBQ Rib w/wo Bun
Chicken Patty w/wo Bun
PBJ, Chef or Tuna Salad

Friday, November 17

Breakfast

Blueberry Muffin Top
Peaches

Lunch

Pepperoni & Cheese Bread
Sticks—Dipping Sauce
Tossed Salad
Seasoned Sweet Peas
Applesauce

Alternate Entrees

Corn Dog
Chicken Patty w/wo Bun
PBJ, Chef or Tuna Salad

Available Daily

Breakfast

**Alternate Entrees: assort cold cereals,
cereal bars & yogurt**

**Daily juice choices: orange,
apple & grape**

**At breakfast...students MUST choose a fruit
and two other menu items to qualify as a
meal.**

**Additional items chosen above the four
item limit will be charged ala carte.**

Lunch

**At lunch...students MUST choose a fruit or
vegetable and two other menu items to
qualify as a meal.**

**Additional items chosen above the five item
limit will be charged ala carte.**

**Daily milk choices: 1% white, skim, fat free
chocolate, vanilla and strawberry.**

Monday, November 20

Breakfast

Breakfast Donut
Pears

Lunch

Macaroni & Cheese
Seasoned Broccoli
Dinner Roll
Blushed Pears
Snicker Doodle Cookie

Alternate Entrees

Hamburger w/wo Bun
Chicken Patty w/wo Bun
PBJ, Chef or Tuna Salad

Tuesday, November 21

Breakfast

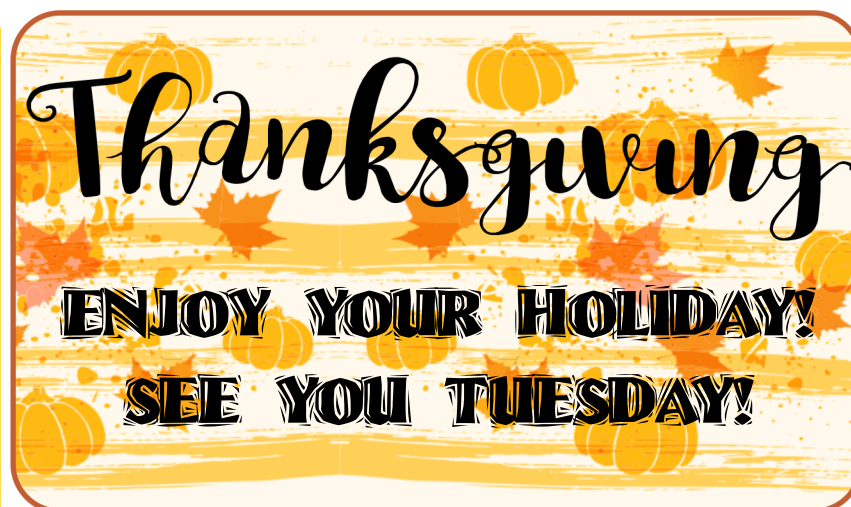
Pancake & Sausage Stick
Mixed Fruit

Lunch

Mrs. Skoff's Class
Coy's Pizza
Seasoned Corn
Garlic Bread Stick
Mixed Fruit

Alternate Entrees

Hot Dog w/wo Bun
Chicken Patty w/wo Bun
PBJ, Chef or Tuna Salad



Meal Prices

Breakfast

Paid \$1.35 Reduced \$.30

Lunch

Paid \$2.40 Reduced \$.40

M. Susan McLoughlin, MS, RD, LDN
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Please visit

www.myschoolbucks.com
for information concerning your
child's meal account!

Tuesday, November 28

Breakfast

Cheesy Croissant
Pineapple

Lunch

Turkey, Ham & Cheese
Pretzel Roll Sandwich
Lettuce & Tomato
Sweet Potato Fries
Cucumber Slices-Grapes

Alternate Entrees

Hot Dog w/wo Bun
Chicken Patty w/wo Bun
PBJ, Chef or Tuna Salad

Wednesday, November 29

Breakfast

Pancakes-Sausage Link
Mandarin Oranges

Lunch

Chicken Strips
Orange Glazed Carrots
Dinner Roll
Mixed Fruit
Gold Fish Grahams

Alternate Entrees

Meatball Sub w/wo Bun
Chicken Patty w/wo Bun
PBJ, Chef or Tuna Salad

Thursday, November 30

Breakfast

Sausage Breakfast Pizza
Applesauce

Lunch

Penne Pasta w/wo Meatballs
Tossed Salad
Broccoli, Cauliflower & Carrots
Garlic Bread Stick
Pineapple Tidbits

Alternate Entrees

BBQ Rib w/wo Bun
Chicken Patty w/wo Bun
PBJ, Chef or Tuna Salad

Only 16 more
school days 'til
Winter Break!

