




MENUS FOR
APRIL 2018

**Homer-Center
High School**

This institution is an equal opportunity provider. Menus are subject to change.

★ OUR NATION'S HISTORY ★


The Pony Express debuted on April 3, 1860 when a rider left St. Joseph, Missouri with mail destined for Sacramento, California. Previously, mail had to travel from the East to the Golden State by slow stagecoaches, or by boat all the way around South America. But by swapping horses every 10 miles, changing riders every 100, and riding 24 hours a day, non-stop, the Pony Express could deliver the mail in just 10 days! The operation didn't last long – soon enough, the transcontinental telegraph could deliver short messages almost instantaneously, and larger mail could be transported cross-country by train.



★ WITH LIBERTY & JUSTICE FOR ALL ★

TIME TO BLOSSOM.


The flowers are coming out of hiding – and so should you! That resolution to exercise more that seemed so hard in the cold light of January is much more do-able as the weather warms!



**EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!**

Breakfast
Paid \$1.35 Red. \$30
Lunch
Paid \$2.65 Red. \$40

M. Susan McLoughlin, MS, RD, LDN
Food Service Director



smcloughlin@homercenter.org
724-479-3601 Ext. 1144

Please visit www.myschoolbucks.com
for information concerning your
child's meal account!

Tuesday, April 3

Breakfast
Dutch Waffle
Mixed Fruit
Lunch
Steak Hoagie w/wo
Peppers, Onions & Cheese
Oven Fries-Seasoned Corn
Pineapple Tidbits
Mandarin Oranges
Vanilla Wafers
Alternate Entrees
Chicken Filet w/wo Bun
Pizza, PBJ or Chef Salad

Wednesday, April 4

Breakfast
Ham & Cheese Bagel
Pineapple
Lunch
Meatball Hoagie
Onion Rings
Seasoned Green Beans
Warm Spiced Apples
Mixed Fruit
Alternate Entrees
Chicken Filet w/wo Bun
Pizza, PBJ or Chef Salad


Thursday, April 5

Breakfast
French Toast Sticks
Sausage Patty-Applesauce
Lunch
Turkey & Cheese Hoagie
Lettuce & Tomato
Pasta Fagioli Soup
Spicy Curly Fries
Fresh Orange Quarters
Chilled Pears
Alternate Entrees
Chicken Filet w/wo Bun
Pizza, PBJ or Chef Salad

Friday, April 6

Breakfast
Chocolate Chip Muffin Top
Mandarin Oranges
Lunch
Super Nachos w/wo
Chili, Chips & Cheese
Seasoned Sweet Peas
Orange Glazed Carrots
Strawberry Cup
Chilled Peaches
Alternate Entrees
Chicken Filet w/wo Bun
Pizza, PBJ or Chef Salad

BEAK EFFICIENCY.



The Tufted Puffin of the North Pacific eats mostly small fish that it catches as it swims. It may carry several dozen fish all at once in its big beak back to its young in the nest!

Photo by Nature's Pics

ANIMAL APPETITES

Monday, April 9

Breakfast
Sausage Breakfast Pizza
Peaches
Lunch
Soft Taco
Lettuce & Tomato
Steamed Broccoli
Buttered Noodles
Mixed Fruit
Pineapple Tidbits
Alternate Entrees
Chicken Filet w/wo Bun
Pizza, PBJ or Chef Salad

Tuesday, April 10

Breakfast
Breakfast Donut
Pears
Lunch
Boneless Chicken Wings
Sweet Potato Coins
Celery Sticks
Fresh Apple Slices
Chilled Strawberries
Fruit Juice Bar
Alternate Entrees
Chicken Filet w/wo Bun
Pizza, PBJ or Chef Salad

Wednesday, April 11

Breakfast
Pancake & Sausage Stick
Mixed Fruit
Lunch
BBQ Pulled Pork Sandwich
Tater Tots
Tossed Salad
Chilled Peaches
Applesauce
Mini Rice Krispie Treat
Alternate Entrees
Chicken Filet w/wo Bun
Pizza, PBJ or Chef Salad

Thursday, April 12

Breakfast
Pop Tart— Hash Brown
Pineapple
Lunch
Oven Roasted Turkey
Whipped Potatoes
Seasoned Corn
Dinner Roll
Blushed Pears
Diced Peaches
Alternate Entrees
Chicken Filet w/wo Bun
Pizza, PBJ or Chef Salad

Friday, April 13

Breakfast
Bacon & Cheese Bagel
Applesauce
Lunch
Pop Corn Chicken Bites
Hobo Beans
Glazed Carrots
Mandarin Oranges
Mixed Fruit
Double Chocolate Cookie
Alternate Entrees
Chicken Filet w/wo Bun
Pizza, PBJ or Chef Salad