



What's on
YOUR
plate?

**Q: What do you call
two banana
peels?**



A: A pair of slippers!

Learn more at www.CHOOSEMYPLATE.gov or
http://kidshealth.org/kid/stay_healthy/food/pyramid.html

<p>Monday, April 16</p> <p>Breakfast Blueberry Crumb Cake Strawberries</p> <p>Lunch French Toast Sticks Sausage Links Roasted Potatoes Assorted Fruit Juice Pineapple Tidbits</p> <p>Alternate Entrees Chicken Filet w/wo Bun Pizza, PBJ or Chef Salad</p>	<p>Tuesday, April 17</p> <p>Breakfast Sausage Breakfast Pizza Applesauce</p> <p>Lunch Italian Panini Sandwich Lettuce & Tomato Cheesy Potatoes Black Bean Salsa-Chips Chilled Pears Mixed Fruit</p> <p>Alternate Entrees Chicken Filet w/wo Bun Pizza, PBJ or Chef Salad</p>	<p>Wednesday, April 18</p> <p>Breakfast Chocolate Croissant Peaches</p> <p>Lunch Chicken Tenders Baked Potato Broccoli w/wo Cheese Sauce Dinner Roll Mandarin Oranges Warm Spiced Apples</p> <p>Alternate Entrees Chicken Filet w/wo Bun Pizza, PBJ or Chef Salad</p>	<p>Thursday, April 19</p> <p>Breakfast Cheesy Scrambled Eggs Bagel Half-Pears</p> <p>Lunch Sloppy Tots Fresh Veggie Cup Chilled Applesauce Chilled Strawberries Candy Cookie</p> <p>Alternate Entrees Chicken Filet w/wo Bun Pizza, PBJ or Chef Salad</p>	<p>Friday, April 20</p> <p>Breakfast Cinnamon Roll Mixed Fruit</p> <p>Lunch Walking Taco Lettuce & Tomato Tater Tots Corn on the Cob Diced Peaches Pineapple Tidbits</p> <p>Alternate Entrees Chicken Filet w/wo Bun Pizza, PBJ or Chef Salad</p>
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<p>Monday, April 23</p> <p>Breakfast Jumbo Waffles Bacon-Pineapple</p> <p>Lunch Pop Corn Chicken Bites Whipped Potatoes Seasoned Corn Dinner Roll Chilled Strawberries Mixed Fruit</p> <p>Alternate Entrees Chicken Filet w/wo Bun Pizza, PBJ or Chef Salad</p>	<p>Tuesday, April 24</p> <p>Breakfast Pop Tart— Hash Brown Mandarin Oranges</p> <p>Lunch Shrimp Poppers Glazed Carrots Tossed Salad Chilled Pears Diced Peaches Chocolate Chip Cookie</p> <p>Alternate Entrees Chicken Filet w/wo Bun Pizza, PBJ or Chef Salad</p>	<p>Wednesday, April 25</p> <p>Breakfast Bacon & Cheese Bagel Applesauce</p> <p>Lunch Mrs. T's Pierogies w/wo String Cheese Stick Seasoned Sweet Peas Fresh Baby Carrots Dinner Roll Banana-Mixed Fruit</p> <p>Alternate Entrees Chicken Filet w/wo Bun Pizza, PBJ or Chef Salad</p>	<p>Thursday, April 26</p> <p>Breakfast Blueberry Muffin Top Peaches</p> <p>Lunch Toasted Cheese Sandwich Creamy Tomato Soup Gold Fish Crackers Carrot & Celery Sticks Pineapple Tidbits Diced Pears</p> <p>Alternate Entrees Chicken Filet w/wo Bun Pizza, PBJ or Chef Salad</p>	<p>Friday, April 27</p> <p>Breakfast Pancake & Sausage Stick Pears</p> <p>Lunch Chicken Nuggets Oven Fries BBQ Baked Beans Dinner Roll Mixed Fruit Mandarin Oranges</p> <p>Alternate Entrees Chicken Filet w/wo Bun Pizza, PBJ or Chef Salad</p>
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Monday, April 30

Breakfast
Breakfast Donut
Mixed Fruit

Lunch
Pulled Pork Nachos
Lettuce & Tomato
Seasoned Green Beans
Chilled Pineapple
Diced Peaches
Gold Fish Grahams

Alternate Entrees
Chicken Filet w/wo Bun
Pizza, PBJ or Chef Salad

photo

Available Daily

Breakfast
Alternate Entrees: assort cold cereals, cereal bars & yogurt
Daily juice choices: orange, apple & grape

At breakfast...students MUST choose a fruit and two other menu items to qualify as a meal. Additional items chosen above the four item limit will be charged ala carte.

Lunch
At lunch...students MUST choose a fruit or vegetable and two other menu items to qualify as a meal. Additional items chosen above the five item limit will be charged ala carte.

Daily milk choices: 1% white, skim & fat free chocolate, strawberry & vanilla