

This institution is an equal opportunity provider. Menus are subject to change.

MENUS FOR OCTOBER 2018



AVAILABLE DAILY

Breakfast

Alternate Entrees: assort cold cereals, cereal bars & yogurt

Juice choices: orange, apple & grape

Students **MUST** choose a fruit and two other menu items to qualify as a meal. Additional items above the four item limit will be charged ala carte.

Lunch

Students **MUST** choose a fruit or vegetable and two other menu items to qualify as a meal.

Additional items above the five item limit will be charged ala carte.

Milk choices:

1% white & strawberry, skim, fat free chocolate & vanilla

Monday, October 1

Breakfast

Cinnamon Roll
Mixed Fruit

Lunch

Chicken Nuggets
Oven Fries
BBQ Baked Beans
Dinner Roll
Mixed Fruit
Chilled Pears

Alternate Entrees

Chicken Filet w/wo Bun
Pizza, PBJ or Chef Salad

Tuesday, October 2

Breakfast

Cheesy Scrambled Eggs
Bagel Half-Pears

Lunch

Toasted Cheese Sandwich
Creamy Tomato Soup
Corn on the Cob
Gold Fish Crackers
Pineapple Tidbits
Chilled Peaches

Alternate Entrees

Chicken Filet w/wo Bun
Pizza, PBJ or Chef Salad

Wednesday, October 3

No School Today



Professional Day for Our Teachers

Thursday, October 4

Breakfast

Jumbo Waffles-Bacon
Pineapple

Lunch

Soft Taco
Lettuce & Tomato
Seasoned Sweet Peas
Black Bean Salsa-Chips
Banana
Mandarin Oranges

Alternate Entrees

Chicken Filet w/wo Bun
Pizza, PBJ or Chef Salad

Friday, October 5

Breakfast

Pop Tart-Hash Browns
Mandarin Oranges

Lunch

Macaroni & Cheese
Steamed Broccoli
Dinner Roll
Blushed Pears
Warm Spiced Apples
Snicker Doodle Cookie

Alternate Entrees

Chicken Filet w/wo Bun
Pizza, PBJ or Chef Salad

Monday, October 8

Breakfast

Bacon & Cheese Bagel
Applesauce

Lunch

Chicken Drumstick
Whipped Potatoes
Fresh Cucumber Slices
Dinner Roll
Diced Peaches
Chilled Pears

Alternate Entrees

Chicken Filet w/wo Bun
Pizza, PBJ or Chef Salad

Tuesday, October 9

Breakfast

Blue Berry Muffin Top
Peaches

Lunch

Cheesy Bread Sticks
w/wo Dipping Sauce
Seasoned Corn
Chilled Applesauce
Mixed Fruit
Vanilla Wafers

Alternate Entrees

Chicken Filet w/wo Bun
Pizza, PBJ or Chef Salad

Wednesday, October 10

Breakfast

Pancake & Sausage Stick
Pears

Lunch

Chicken Strips
Sweet Potato Fries
Glazed Carrots
Dinner Roll
Mixed Fruit
Applesauce

Alternate Entrees

Chicken Filet w/wo Bun
Pizza, PBJ or Chef Salad

Thursday, October 11

Breakfast

Breakfast Donut
Mixed Fruit

Lunch

Penne Pasta
w/wo Meatballs
Tossed Salad-Seasoned Corn
Garlic Bread Stick
Fresh Orange Quarters
Diced Pears

Alternate Entrees

Chicken Filet w/wo Bun
Pizza, PBJ or Chef Salad

Friday, October 12

Breakfast

Cheesy Croissant
Applesauce

Lunch

Wildcat Hoagie
Lettuce & Tomato
Pasta Fagioli Soup
Spicy Curly Fries
Pineapple Tidbits
Chilled Peaches

Alternate Entrees

Chicken Filet w/wo Bun
Pizza, PBJ or Chef Salad

WORLD'S LARGEST

CORN MAZE

It's in Spring Grove, Illinois and features 10 miles of trails making up 5 connected mazes on 28 acres of live corn!

