





This institution is an equal opportunity provider. Menus are subject to change.



For Dads and those special men in our lives who give us guidance, help, advice, and love. We appreciate you!

### Monday, June 18

**Breakfast Choices** Fruit, Juice, Milk

Fresh Baked Cheese Pizza Steamed Broccoli Fresh Pear Milk

SuperKids Snack Orange Wedges. Cookie, Water

### Tuesday, June 19

**Breakfast Choices** Fruit, Juice, Milk

Deli Flatbread Doritos, Hummus Celery Sticks ΟJ Milk

SuperKids Snack Cereal Bar, Water

### Wednesday, June 20

**Breakfast Choices** Fruit, Juice, Milk

Breaded Chicken Sandwich. **Emoii Fries** Juice Grapes

Cookie SuperKids Snack Cereal Pouch, Water

Wednesday, June 27

**Breakfast Choices** 

Fruit, Juice, Milk

Milk

### Thursday, June 21

**Breakfast Choices** Fruit. Juice. Milk

Combo/Cheese Sub Trimmings, Baked Lays Veggies, Dip Milk Cool Brownie SuperKids Snack

Apple Slices Milk SuperKids Snack Slushie, Fortune

Cookie

Friday, June 22

**Breakfast Choices** 

Fruit, Juice, Milk

Snack Lunch Pack

(TurkeyStick/Cheese Stick)

Crackers

Baby Carrots, Dip

Juice

# IN THE WEEDS?

If you spend anytime this summer hiking, walking, picnicking, exercising, or otherwise playing in tall grass or weedy, overgrown areas outside, be aware of the danger of tick bites. Use insect repellant, cover up with socks, a cap, and long pants if it's not too hot, and take a shower and check yourself carefully for ticks when you come back inside.

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER **WELLNESS IS A WAY OF LIFE!** 

### Monday, June 25

**Breakfast Choices** Fruit, Juice, Milk

Corndog Pups Potato Rounds Corn Melon Cup Milk Ice Cream

### SuperKids Snack

Fruit and Yogurt Parfait, Water

### Tuesday, June 26

**Breakfast Choices** Fruit, Juice, Milk

Turkey/Cheese Wrap Baked Chips Hummus Celery Sticks OJ Milk

### SuperKids Snack Warm Soft Pretzel. Water

Meat/Cheese

Quesadilla, Salsa Refried Beans Slushie Milk

## SuperKids Snack

Apple Wedges/ Caramel Dip, Water

### Thursday, June 28

Harvest Muffin, Water

**Breakfast Choices** Fruit, Juice, Milk

**BLT & Cheese Sub** Veggies/Dip **Applesauce** Brownie Milk

SuperKids Snack Kid's Mix. Water

### Friday, June 29

**Breakfast Choices** Fruit, Juice, Milk

Snack Pack Lunch Pizza fixin's Veggies, Dip OJ Milk Dessert

Snack Slushie, Cookie