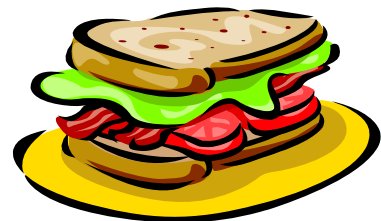




Johnson City Schools

REQUIRED COURSE

We don't consider lunch to be optional. Every kid needs to eat a good midday meal to be able to learn well. That's why we work hard to keep our meal prices as low as possible. And that's also why we provide free and reduced-price meals for families that qualify. Enjoy!



Breakfast **Lunch**
\$1.00 **\$2.00**

Get in touch with us today to learn more about free and reduced-price meals in Johnson City: 434-5228, mcgaheyk@jcschools.org


Extra Milk \$.50 Extra 100% juice \$.50

In accordance with Federal law and US Dept. of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, disability or retaliation. If you require this information in alternative format (Braille, large print, audiotape) contact the USDA TARGET Center at (202) 720-2600 (voice or TDD). To file a complaint alleging discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue SW, Washington, DC 20250-9410 or call (866) 632-9992 TDD users can contact USDA through local relay or the Federal relay at (800) 877-8339 (TDD) or (866) 377-8642 (relay voice users). USDA is an equal opportunity provider and employer.

Available Daily

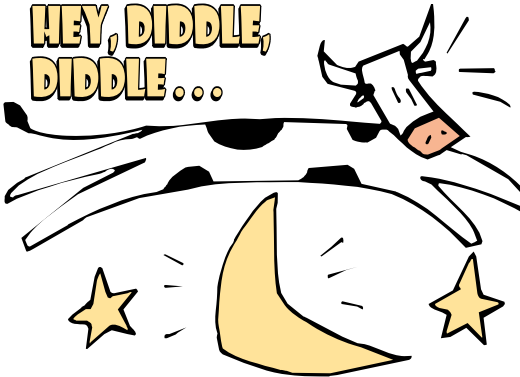
Beginning in September, a second entrée choice will be available on most days. Check with your cafeteria manager for more information.

Extra Milk \$.50 Extra 100% juice \$.50



Menus may change due to unforeseen delivery or product availability issues.

HEY, DIDDLE, DIDDLE...



**CHOICE OF MILK SERVED WITH ALL COMPLETE MEALS:
 LOWFAT CHOCOLATE
 LOWFAT WHITE, NONFAT WHITE**

Parents can....

Deposit funds in their student's meal account any time!

View cafeteria purchases!

Track meal account balances!

Set up low-balance e-mail reminders!


Schedule recurring payments!



Go to **mySchoolBucks.com**

NOTE: A new fee schedule for 2009-2010 has been implemented. All existing customers should have received notice. Visit the website for details on this unique and useful tool for parents.

Thursday, Aug. 6



Half Day

Friday, Aug. 7

Breakfast
 Cheese Toast
 Assorted Cereal
 Juice, Milk

Lunch
 Hamburger, trimmings
 Bun, Doritos

Choice of Two:
 Corn, Applesauce, Tossed Salad,
 Fresh Fruit, Juice
 Milk

Educare Snack:
 Graham Snacks, Yogurt

Monday, Aug. 10

Breakfast
 French Toast, Syrup
 Assorted Cereal
 Juice, Milk

Lunch
 Pork BBQ
 Bun, Slaw

Choice of Two:
 Potato Rounds, Tossed Salad, Fresh Fruit, Juice
 Milk

Educare Snack:
 Small Pizza, Juice

Tuesday, Aug. 11

Breakfast
 Biscuit/Jelly
 Assorted Cereal
 Juice, Milk

Lunch
 Breaded Chicken
 WW Roll

Choice of Two:
 Mashed Potatoes, Tossed Salad, Applesauce, Fresh Fruit, Juice
 Milk

Educare Snack:
 Chicken Biscuit, Juice

Wed., Aug. 12

Breakfast
 Cinnamon Roll
 Assorted Cereal
 Juice, Milk

Lunch
 Deli Turkey Wrap, trimmings, Chips

Choice of Two:
 Pasta Salad, Applesauce, Tossed Salad, Fresh Fruit, Juice
 Milk

Educare Snack:
 Cheese Toast, Juice

Thursday, Aug. 13

Breakfast
 Egg/Cheese Muffin
 Assorted Cereal
 Juice, Milk

Lunch
 Popcorn Chicken
 WW Roll

Choice of Two:
 Green Peas, Applesauce, Tossed Salad, Fruit, Juice
 Milk

Educare Snack:
 Cereal Treat, Milk

Friday, Aug. 14

Breakfast
 Muffin
 Assorted Cereal
 Juice, Milk

Lunch
 Cheese Omelet
 French Toast Sticks, syrup

Choice of Two:
 Cooked Apples, Tossed Salad, Fresh Fruit, Juice
 Milk

Educare Snack:
 Chicken Salad Wrap, Juice