

# SCIENCE HILL CAFETERIA

## FALL 2009

### What is a "meal"?

Breakfast consists of 3-4 servings of different food items. Students choose items from the following food groups:

- 1 serving milk**
- 1 serving fruit or juice**
- 1 serving each bread and protein**
- OR**
- 2 servings bread**

Double servings of the same food or servings in addition to the patterns listed above are charge at an ala carte price.

All students must check out through one of the cashier stations before leaving the serving area. There will be consequences for students who eat food in the serving area or leave the serving area without properly checking out through a cashier

### Ala Carte Prices:

Bkfst Entrée	\$1.25	Fruit/Veggie	\$1.00
Juice, 8 oz.	\$.75	Juice, 4oz.	\$.50
Milk	\$.50	Bkfst Bread	\$.60

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### Prepay for School Meals Online!!

#### Parents can....

Deposit funds in their student's meal account any time!

View cafeteria purchases!

Track meal account balances!

Set up low-balance e-mail reminders!

Schedule recurring payments!



Go to  
[mySchoolBucks.com](http://mySchoolBucks.com)

### Featured Breakfast Specials

#### Monday

**Cinnamon Biscuit**

#### Tuesday

**Steak Biscuit**

#### Wednesday

**Ham, Egg, Cheese Muffin**

#### Thursday

**French Toast Sticks, syrup**

#### Friday

**Cinnamon Roll**

## Available Daily

**Assorted Muffins**

**Kellogg Poptart**

**General Mills Cereal Bar**

**Smuckers Snak n Waffle**

**Smuckers PBJ Sandwich**

**Assorted Cereal**

**Yogurt**

**100% Fruit Juice, Fresh Fruit**

**Choice of LowFat Milk (white or chocolate) comes with all full meals**