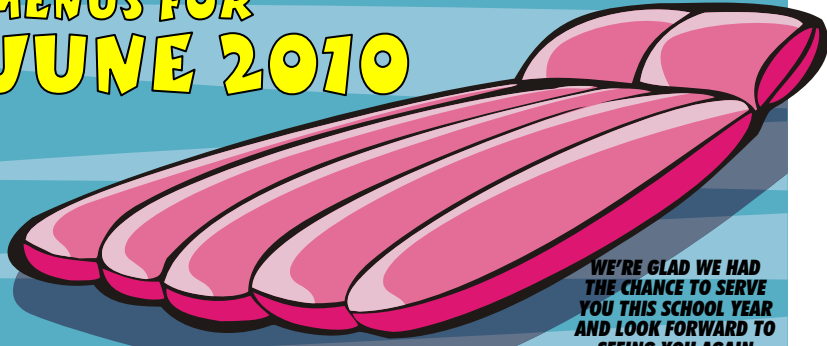


# MENUS FOR JUNE 2010



WE'RE GLAD WE HAD THE CHANCE TO SERVE YOU THIS SCHOOL YEAR AND LOOK FORWARD TO SEEING YOU AGAIN NEXT YEAR.

## Houghton Elementary

This institution is an equal opportunity provider and employer.

### Tuesday, June 1

#### Choice of One

Chicken Nuggets  
Yogurt w/String Cheese  
PB & Jelly Uncrustable

Green Beans  
Sliced Pears

### Wed., June 2

#### Choice of One

Garfield Pizza  
Yogurt w/String Cheese  
PB & Jelly Uncrustable

Corn  
Sliced Peaches

# IN THE SWIM.

Have fun around the water this summer, but please BE SAFE. Every year, about 4,000 Americans drown, many of them kids. Kids under 14 are more likely to drown in a swimming pool, while teens 15 and older are more likely to drown while swimming in a river, lake, or ocean. Know your ability and your limitations. And don't swim alone.



EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.  
**WELLNESS IS A WAY OF LIFE!**

### Thursday, June 3

#### Choice of One

Scrambled Eggs w/  
Sausage  
Yogurt w/String Cheese  
PB & Jelly Uncrustable

Crispy Cube Potatoes  
Warm Cinnamon  
Apples

### Friday, June 4

#### Choice of One

Pizza  
Yogurt w/String Cheese  
PB & Jelly Uncrustable

Peas  
Applesauce

### Monday, June 7

#### Choice of One

Chicken Fries  
Yogurt w/String Cheese  
PB & Jelly Uncrustable

Carrots  
Sliced Peaches

### Tuesday, June 8

#### Choice of One

NO LUNCH!  
Father's Day Picnic

### Wed., June 9

#### Choice of One

Corn Dog  
Yogurt w/String Cheese  
PB & Jelly Uncrustable

Baked Fries  
Fruit Medley

### Thursday, June 10

#### Choice of One

Waffles  
Yogurt w/String Cheese  
PB & Jelly Uncrustable

Potato Triangle  
Cinnamon Applesauce

### Friday, June 11

#### Choice of One

Pizza  
Yogurt w/String Cheese  
PB & Jelly Uncrustable

Green Beans  
Sliced Pears

### Monday, June 14

#### Choice of One

Nacho Chips & Cheese  
Yogurt w/String Cheese  
PB & Jelly Uncrustable

Corn  
Sliced Peaches

### Tuesday, June 15

#### Choice of One

NO LUNCH!!  
Have a Great Summer



## Cook's Choice



The Menu Items for June 1 through June 15 may change due to availability as we finish the school year. There will be an announcement the day before if there will be changes.

ENJOY!

Thanks for a great year—Enjoy your Summer!!

# School Meals

We serve education every day™

## Sphenopalatine Ganglioneuralgia



Try saying that 10 times fast . . . or even once! That's the scientific term for a condition many of you might suffer from this summer: the "brain freeze" you get when you slurp an icy cold drink too quickly!

