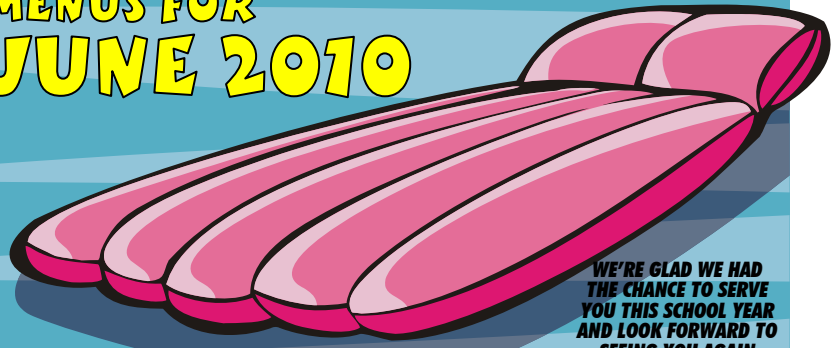


# MENUS FOR JUNE 2010



WE'RE GLAD WE HAD THE CHANCE TO SERVE YOU THIS SCHOOL YEAR AND LOOK FORWARD TO SEEING YOU AGAIN NEXT YEAR.

## Harvest Elementary

This institution is an equal opportunity provider and employer.

**Thursday, June 3**

Choice of One  
 Cheeseburger  
 Popcorn Chicken  
 Yogurt w/wo PB & J  
 Cheese Stick w/Pretzel

On The Salad Bar  
 Fresh Fruit  
 Salad Bar  
 Mashed Potatoes  
 Fruit

**Friday, June 4**

Choice of One  
 Harvest Picnic!!  
 Hot Dog  
 Yogurt w/wo PB & J  
 Cheese Stick w/Pretzel

On The Salad Bar  
 Fresh Fruit  
 Salad Bar  
 Watermelon  
 Baby Carrots  
 Baked Chips

**Monday, June 7**

Choice of One  
 Chicken Sandwich  
 Brunch for Lunch  
 Yogurt w/wo PB & J  
 Cheese Stick w/Pretzel

On The Salad Bar  
 Fresh Fruit  
 Salad Bar  
 Potato Coins  
 Apple Slices

**Tuesday, June 8**

Choice of One  
 Chicken Nuggets  
 Turkey & Gravy  
 Yogurt w/wo PB & J  
 Cheese Stick w/Pretzel

On The Salad Bar  
 Fresh Fruit  
 Salad Bar  
 Mashed Potatoes  
 Green Beans  
 Sliced Pears

**Wed., June 9**

Choice of One  
 Chicken Hip Dippers  
 Pizza Dippers  
 Yogurt w/wo PB & J  
 Cheese Stick w/Pretzel

On The Salad Bar  
 Fresh Fruit  
 Salad Bar  
 Peas  
 Mandarin Oranges

**Thursday, June 10**

Choice of One  
 Hamburger w/wo Cheese  
 Corn Dog  
 Yogurt w/wo PB & J  
 Cheese Stick w/Pretzel

On The Salad Bar  
 Fresh Fruit  
 Salad Bar  
 Carrots  
 Mixed Fruit

**Friday, June 11**

Choice of One  
 Dominoes Day!  
 Cook's Choice  
 Yogurt w/wo PB & J  
 Cheese Stick w/Pretzel

On The Salad Bar  
 Fresh Fruit  
 Salad Bar  
 Corn  
 Peaches  
 Cookie

**Monday, June 14**

Choice of One  
 Chicken Rings  
 Cook's Choice  
 Yogurt w/wo PB & J  
 Cheese Stick w/Pretzel

On The Salad Bar  
 Fresh Fruit  
 Salad Bar  
 Vegetarian Beans  
 Sliced Pears

**Tuesday, June 15**

Choice of One  
 Pizza  
 Cook's Choice  
 Yogurt w/wo PB & J  
 Cheese Stick w/Pretzel

On The Salad Bar  
 Fresh Fruit  
 Salad Bar  
 Vegetable Choice  
 Applesauce



## Cook's Choice



The Menu Items for June 1 through June 15 may change due to availability as we finish the school year. There will be an announcement the day before if there will be changes.

ENJOY!

Thanks for a great year—Enjoy your Summer!!

**School Meals**  
 We serve education every day™

# IN THE SWIM.

Have fun around the water this summer, but please BE SAFE. Every year, about 4,000 Americans drown, many of them kids. Kids under 14 are more likely to drown in a swimming pool, while teens 15 and older are more likely to drown while swimming in a river, lake, or ocean. Know your ability and your limitations. And don't swim alone.



EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.  
**WELLNESS IS A WAY OF LIFE!**

## Sphenopalatine Ganglioneuralgia



Try saying that 10 times fast . . . or even once! That's the scientific term for a condition many of you might suffer from this summer: the "brain freeze" you get when you slurp an icy cold drink too quickly!

