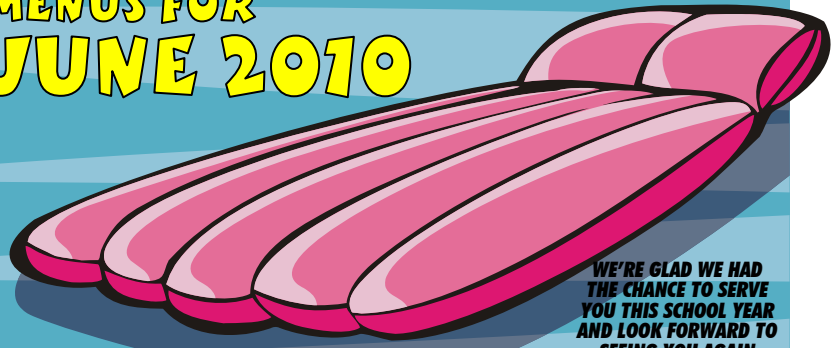


MENUS FOR JUNE 2010



WE'RE GLAD WE HAD THE CHANCE TO SERVE YOU THIS SCHOOL YEAR AND LOOK FORWARD TO SEEING YOU AGAIN NEXT YEAR.

Pleasant Ridge

This institution is an equal opportunity provider and employer.

Thursday, June 3

Choice of One
 Cheeseburger
 Popcorn Chicken
 Yogurt w/wo PB & J
 Cheese Stick w/Pretzel

On The Salad Bar
 Fresh Fruit
 Salad Bar
 Mashed Potatoes
 Fruit

Friday, June 4

Field Day

No Lunch

Today

Monday, June 7

Choice of One
 Chicken Sandwich
 Brunch for Lunch
 Yogurt w/wo PB & J
 Cheese Stick w/Pretzel

On The Salad Bar
 Fresh Fruit
 Salad Bar
 Potato Coins
 Apple Slices

Tuesday, June 8

Choice of One
 Chicken Nuggets
 Turkey & Gravy
 Yogurt w/wo PB & J
 Cheese Stick w/Pretzel

On The Salad Bar
 Fresh Fruit
 Salad Bar
 Mashed Potatoes
 Green Beans
 Sliced Pears

Wed., June 9

Choice of One
 Chicken Hip Dippers
 Pizza Dippers
 Yogurt w/wo PB & J
 Cheese Stick w/Pretzel

On The Salad Bar
 Fresh Fruit
 Salad Bar
 Peas
 Mandarin Oranges

Thursday, June 10

Choice of One
 Hamburger w/wo Cheese
 Corn Dog
 Yogurt w/wo PB & J
 Cheese Stick w/Pretzel

On The Salad Bar
 Fresh Fruit
 Salad Bar
 Carrots
 Mixed Fruit

Friday, June 11

Choice of One
 Dominos Pizza Day
 Cook's Choice
 Yogurt w/wo PB & J
 Cheese Stick w/Pretzel

On The Salad Bar
 Fresh Fruit
 Salad Bar
 Corn
 Peaches
 Cookie

Monday, June 14

Choice of One
 Chicken Rings
 Cook's Choice
 Yogurt w/wo PB & J
 Cheese Stick w/Pretzel

On The Salad Bar
 Fresh Fruit
 Salad Bar
 Vegetarian Beans
 Sliced Pears

Tuesday, June 15

Choice of One
 Pizza
 Cook's Choice
 Yogurt w/wo PB & J
 Cheese Stick w/Pretzel

On The Salad Bar
 Fresh Fruit
 Salad Bar
 Vegetable Choice
 Applesauce



Cook's Choice



The Menu Items for June 1 through June 15 may change due to availability as we finish the school year. There will be an announcement the day before if there will be changes.

ENJOY!

Thanks for a great year—Enjoy your Summer!!

School Meals
 We serve education every day™

IN THE SWIM.

Have fun around the water this summer, but please BE SAFE. Every year, about 4,000 Americans drown, many of them kids. Kids under 14 are more likely to drown in a swimming pool, while teens 15 and older are more likely to drown while swimming in a river, lake, or ocean. Know your ability and your limitations. And don't swim alone.



EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

Sphenopalatine Ganglioneuralgia

Try saying that 10 times fast . . . or even once! That's the scientific term for a condition many of you might suffer from this summer: the "brain freeze" you get when you slurp an icy cold drink too quickly!

