

Menus for May 2010



Cape Henlopen School District—Lewes School
 This institution is an equal opportunity provider and employer.



Cinco de Mayo (May 5th) celebrates a great Mexican military victory in 1862.



Available Daily

Breakfast: *Graham Crackers, Toast, Fruit, & Fruit Juice*

Lunch: *Chef's Salad ~ Crackers
Yogurt ~ Crackers*

**Peanut Butter & Jelly Sandwich
Tuna Sandwich**

**Ham & Cheese Sandwich
(Includes Two Sides + Milk!)**



Monday, May 3	Tuesday, May 4	Wed., May 5	Thursday, May 6	Friday, May 7
Breakfast Assorted Cereal or Yogurt	Breakfast Breakfast Pizza or Yogurt	Breakfast Hot Ham & Cheese Biscuit or Yogurt	Breakfast Sausage Pancake on Stick or Yogurt	Breakfast Bagel w/wo Cream Cheese or Yogurt
Lunch Pizza Dipper w/wo Marinara Sauce	Lunch Chicken Nuggets ~ Warm Roll	Lunch Nachos w/Ground Beef ~ Cheese	Lunch Pizza	Lunch Stacked Turkey on Whole Wheat Bun
Choice of Two Steamed Broccoli Fruit Mix Fruit Juice <i>Soup of the Day: CK Rice</i>	Choice of Two Macaroni Salad Fresh Veggies w/Dip Frozen Peach Cup, Fruit Juice <i>Soup of the Day: Ck & Dumplings</i>	Choice of Two Spanish Rice Corn Fruit Variety, Juice <i>Soup of the Day: Vegetable</i>	Choice of Two Tossed Salad w/Lite Dressing Apple Crisp Fruit Juice <i>Soup of the Day: Bunkhouse</i>	Choice of Two Pasta Salad, Lettuce and Tomato, Pears Fruit Juice <i>Soup of the Day: Chef's Choice</i>
Monday, May 10	Tuesday, May 11	Wed., May 12	Thursday, May 13	Friday, May 14
Breakfast Assorted Cereal or Yogurt	Breakfast Sausage Pancake on Stick or Yogurt	Breakfast Whole Grain Cinnamon Bun or Yogurt	Breakfast Egg & Cheese Biscuit or Yogurt	NASCAR in Dover May 16! Breakfast Hot Pocket or Yogurt
Lunch Chicken Tenders ~ Warm Roll	Lunch Meatballs on Roll Mighty Rib on Bun	Lunch Spaghetti w/wo Meat or Marinara Sauce ~ Garlic Toast	Lunch Pizza Burger Cheeseburger on Whole Grain Bun	Lunch Toasted Cheese
Choice of Two Tater Tots, Winter Mix Fruit Mix, Juice <i>Soup of the Day: Broccoli-n-Cheese</i>	Choice of Two Tasty Glazed Carrots Scalloped Potatoes Chilled Pears, Juice <i>Soup of the Day: CK Noodle</i>	Choice of Two Green Beans Fruit Cup, Fruit Juice <i>Soup of the Day: Chef's Choice</i>	Choice of Two Fries, California Blend Fruit Variety, Juice <i>Soup of the Day: Vegetable Beef</i>	Choice of Two Tomato Soup Baby Carrots w/Dip Apple Slices, Juice *Bonus: Sports Crackers! <i>Soup of the Day: Tomato</i> *Check Cut-Off