

Monday, May 17

Tuesday, May 18

Wed., May 19

Thursday, May 20

Friday, May 21

MI Products - MY Michigan - MI School Lunch Week

Click here for the special menu the week of May 17-21!

Monday, May 24

Tuesday, May 25

Wed., May 26

Thursday, May 27

Friday, May 28

Choice of One
Chicken Sandwich
Brunch for Lunch
Yogurt w/wo PB & J
Cheese Stick w/Pretzel

On The Salad Bar

Fresh Fruit
Salad Bar
Potato Coins
Applesauce

Choice of One
Chicken Nuggets
Toasted Cheese or
Texas Cheesy Toast
Yogurt w/wo PB & J
Cheese Stick w/Pretzel

On The Salad Bar

Fresh Fruit
Salad Bar
Tomato Soup
Sliced Pears

Choice of One
Chicken Hip Dippers
Spaghetti w/wo Meat Sauce
Yogurt w/wo PB & J
Cheese Stick w/Pretzel

On The Salad Bar

Fresh Fruit
Salad Bar
Garlic Toast
Tossed Salad
Mixed Fruit

Choice of One
Hamburger w/wo Cheese
Nacho w/Fixings
Yogurt w/wo PB & J
Cheese Stick w/Pretzel

On The Salad Bar

Fresh Fruit
Salad Bar
Corn
Baked Apples

Choice of One
Pizza
BBQ Grilled Chicken
Yogurt w/wo PB & J
Cheese Stick w/Pretzel

On The Salad Bar

Fresh Fruit
Salad Bar
Green Beans
Sliced Peaches

Super: Cookie

Woodland Meadows



Q: How much sugar do you eat?



A: If you eat like most Americans, you consume over 20 teaspoons of added sugar every single day, or 115 pounds a year. That's just what we get from processed food and drinks, without ever actually dipping a spoon in the sugar bowl. Current guidelines recommend no more than 6-9 teaspoons of added sugar a day. Want sweetness without the side effects? Get your sugar the natural way - from fresh fruit.

LEARN MORE AT WWW.KIDSHEALTH.ORG/KID/STAY_HEALTHY/FOOD/PYRAMID.HTML

★ OUR NATION'S HISTORY ★

It doesn't sound very American, but the White House in Washington, D.C. was originally known as the Presidential Palace. It's also been known as the



Presidential Mansion, the Executive Mansion, and the President's House. It didn't become officially known as the White House until the time of President Franklin D. Roosevelt in the 1930's.

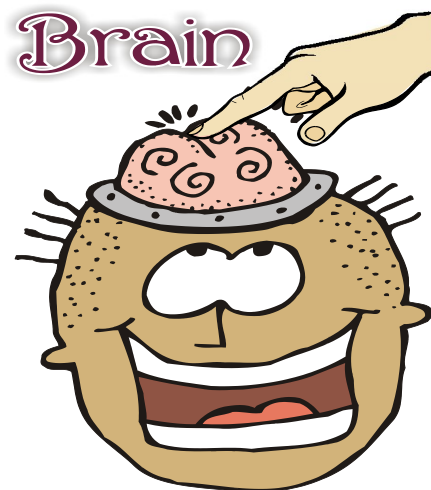
★ WITH LIBERTY & JUSTICE FOR ALL ★

Word of the Month

fair-ness

- n. 1. the ability to make judgments free from discrimination or dishonesty
- 2. the state, quality, or ideal of being just, impartial, and equitable

Brain Ticklers



What is the most important use of cowhide throughout the world?

(Hold the page upside down and read it in a mirror for the answer!)

rtarhtog & cow