

Menu for June 2019



MEC and C.E. Cole

This institution is an equal opportunity provider.
Menus are subject to change.



GET IN THE SWIM.

Spending a few hours or a day at a pool or on the beach is what summer is all about! It's fun, relaxing, and great exercise – a triple benefit for anyone's wellness! So have fun around the water this summer, but please wear sunscreen and **BE SAFE**. Whether you're swimming in a river, lake, ocean, pool, or water park, know your limitations and your ability. And don't ever swim alone.

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

Monday, June 3

Breakfast
Bagler
Assorted muffins

Lunch
Chicken sandwich
Chips
Lettuce, tomato, pickles
Fruit

All meals will have a choice
Of milk and juice
Menu subject to change
Brkfst \$1.55 \$ lunch \$2.35

Tuesday, June 4

Breakfast
Ultimate Breakfast Round
Assorted cereal

Lunch
Hot dogs on buns
Baked beans
Baked chips
Side kick ice

All meals will have a choice
Of milk and juice
Menu subject to change
Brkfst \$1.55 \$ lunch \$2.35

Wednesday, June 5

Breakfast
Chef's choice
Assorted muffins

Lunch
No lunch
Today
See you
Next year

All meals will have a choice
Of milk and juice
Menu subject to change
Brkfst \$1.55 \$ lunch \$2.35

Thursday, June 6

Please come and join us this summer in the C.E. Cole Intermediate School Cafeteria for our Summer Food Service Program

Friday, June 7

We will be serving delicious and nutritious breakfast and lunch Monday-Thursday from June 17th-August 8th. We will be closed July 4th

Father's Day June 16

Hang out with Dad!

Monday, June 17

Breakfast
Mini pancakes w/ syrup
Assorted cereal

Lunch
Muhl fil a day
Spicy or regular chicken breast sandwich on buns with lettuce, tomato, pickles

Build your own hoagie

Fresh fruit & vegetable
Milk and water

Tuesday, June 18

Breakfast
Cinnamon bun
Assorted cereal

Lunch
Cheeseburger
Beef burgers with American cheese, lettuce, tomato, pickles on a bun.

Pulled pork BBQ

Fresh fruit & vegetable
Milk and water

Wednesday, June 19

Breakfast
Pop tart
Assorted muffins

Lunch
BBQ Beef ribs or Hot dogs
Served on rolls with a selection of toppings, condiments and snacks

Build your own hoagie

Fresh fruit & vegetable
Milk and water

Thursday, June 20

Breakfast
Mini waffles w/ syrup
Assorted cereal

Lunch
Pizza party picnic
Pizza slice, baked chips, ice cream and lemonade with a salad bar and dressings

Pulled pork BBQ

Fresh fruit & vegetable
Milk and water

Summer Food Service
Breakfast 8:00-10:00
Lunch 10:30-12:30

No meals on Fridays

All kids eat free. No paperwork is necessary. Must be 18 years of age or under

YOUR ASSIGNMENT

Have a GREAT summer! We'll see you in a few months!