

**JULY 2016**  
**PASS CHRISTIAN SCHOOL**  
**DISTRICT**  
**SUMMER FEEDING**  
**PROGRAM**  
**BREAKFAST**  
**&**  
**LUNCH**  
**MENU**

**PASS CHRISTIAN K-8 SCHOOL**

**JULY 1, 2016 - JULY 22, 2016**

**BREAKFAST: 8:00 A.M. - 8:45 A.M.**  
**LUNCH: 11:00 A.M.-12:30 P.M.**



**Monday - Friday**  
 Please call 228-255-6209 for more info, or go to [www.pc.k12.ms.us](http://www.pc.k12.ms.us)  
 This institution is an equal opportunity provider.

Friday, July 1	Tuesday, July 5	Wednesday, July 6	Thursday, July 7	Friday, July 8
<p><b><u>Breakfast</u></b>                      Cheese Toast w/                      Scrambled Eggs                      100% Assorted Fruit                      Juice</p> <p><b><u>Lunch</u></b>                      Cheeseburger on Bun w/                      Trimmings, Baked Fries,                      Green Beans, Fresh Fruit                      Bowl</p>	<p><b><u>Breakfast</u></b>                      Pancake on a Stick                      100% Fruit Juice</p> <p><b><u>Lunch</u></b>                      Fish Nuggets w/Whole                      Wheat Roll, Turnip                      Greens, Yam Patties,                      Honey Dew Melons</p>	<p><b><u>Breakfast</u></b>                      Sausage Biscuit                      Blushing Chilled Pears</p> <p><b><u>Lunch</u></b>                      Spaghetti w/Meat Sauce                      w/ Whole Wheat Roll,                      Whole Corn, Garden                      Salad, Banana Berry                      Blend</p>	<p><b><u>Breakfast</u></b>                      Cereal                      Fresh Banana</p> <p><b><u>Lunch</u></b>                      Chicken Patty Sandwich                      w/Trimmings, Mixed                      Vegetables, Veggie Cup                      w/Dip, Mandarin Fruit                      Cups</p>	<p><b><u>Breakfast</u></b>                      Breakfast Pizza                      Chilled Sliced Peaches</p> <p><b><u>Lunch</u></b>                      Hot Dog, Potato Wedges,                      California Vegetables,                      Fresh Watermelon                      Cubes, Chocolate Chip                      Cookie</p>
Monday, July 11	Tuesday, July 12	Wednesday, July 13	Thursday, July 14	Friday, July 15
<p><b><u>Breakfast</u></b>                      French Toast Sticks w/                      Sausage                      Sliced Apples</p> <p><b><u>Lunch</u></b>                      Chicken Nuggets, Mashed                      Potatoes, Whole Wheat                      Roll, Green Peas, Hot                      Cinnamon Apples</p>	<p><b><u>Breakfast</u></b>                      Cereal                      Fresh Banana</p> <p><b><u>Lunch</u></b>                      Cheeseburger on Bun w/                      Trimmings, Baked Fries,                      Green Beans, Fresh Fruit                      Bowl</p>	<p><b><u>Breakfast</u></b>                      Cheese Toast w/                      Scrambled Eggs                      100% Assorted Fruit                      Juice</p> <p><b><u>Lunch</u></b>                      Cheesy Chicken over Rice                      w/Whole Wheat Roll,                      Steamed Broccoli,                      Pineapple Tidbits,                      Watermelon Slush</p>	<p><b><u>Breakfast</u></b>                      Sausage Biscuit                      Blushing Chilled Pears</p> <p><b><u>Lunch</u></b>                      BBQ Chicken on Bun,                      Baked Doritos, California                      Vegetables, Fresh                      Cantaloupe</p>	<p><b><u>Breakfast</u></b>                      Cheese Omelet w/ Whole                      Wheat Toast, Hot                      Cinnamon Apples</p> <p><b><u>Lunch</u></b>                      Corn Dog Nuggets w/                      Whole Wheat Roll,                      Baked Beans, Cole Slaw,                      Strawberries</p>

**We're here to serve you  
 and your family a  
 delicious breakfast and  
 lunch!**

**CLOSED**  
**JULY 4TH, 2016**

Monday, July 18

**Breakfast**

Sausage Biscuit  
Blushing Chilled Pears

**Lunch**

Hot Dog, Potato Wedges,  
California Vegetables,  
Fresh Watermelon  
Cubes, Chocolate Chip  
Cookie

Tuesday, July 19

**Breakfast**

Cereal  
Fresh Banana

**Lunch**

Chicken Patty Sandwich  
w/Trimming, Mixed  
Vegetables, Veggie Cup  
w/Dip, Mandarin Fruit  
Cups

Wednesday, July 20

**Breakfast**

Pancake on a Stick  
Blushing Chilled Pears

**Lunch**

Spaghetti w/Meat Sauce  
w/ Whole Wheat Roll,  
Whole Corn, Garden  
Salad, Banana Berry  
Blend

Thursday, July 21

**Breakfast**

Breakfast Pizza  
Chilled Sliced Peaches

**Lunch**

Fish Nuggets w/ Whole  
Wheat Roll, Turnip  
Greens, Yam Patties,  
Honey Dew Melon

Friday, July 22

**Breakfast**

Blueberry Loaf w/ Sliced  
Ham  
Mandarin Oranges

**Lunch**

Pizza w/Variety of  
Toppings, Spicy French  
Fries, Carrot Sticks w/  
Dip, Fresh Fruit

**HERB/SPICE**

**Black Pepper**



We think of black pepper as a powder, but it actually starts off as fruit! The berries are dried and ground to make the spice we all know. The dried berries are called "peppercorns."

**OF THE MONTH**

**What's on YOUR plate?**



HALF FRUITS AND VEGETABLES  
GRAINS, MOSTLY WHOLE  
PROTEIN FOODS  
DAIRY

**HAVE A GREAT SUMMER!**

Thanks for eating with us this year. We look forward to seeing you when school starts up again!

**Word of the Month**

**loy·al**

adj. 1. faithful, true 2. steadfast in allegiance or duty  
3. unwavering in devotion to a friend or vow or cause

**Family Members are invited!**

**Adults:**  
\$2.25 Breakfast  
\$3.50 Lunch

**Available Daily**

Condiments  
Assorted Jelly  
Variety of Fat Free Milk  
Flavored and Unflavored

**Menu is subject to change**