



# BREAKFAST @SCHOOL

**For first-class learning!**

**Sara Lindemuth/Anna Carter Primary Center**

Featuring  
Healthy Fruits  
& Grains!

**BREAKFAST MENU  
FOR APRIL 2018**

*This institution is an equal opportunity provider and employer.*

**Monday, April 2**

*No School*

*Spring Break*

**Tuesday, April 3**

Chocolate Chip Muffin

Chilled Peaches

100% Fruit Juice Cup

Assorted Milk

**Wednesday, April 4**

Mini Bagels w/Cinnamon Cream Cheese

Mixed Fruit

100% Fruit Juice Cup

Assorted Milk

**Thursday, April 5**

Mini Maple Pancakes

Banana

100% Fruit Juice Cup

Assorted Milk

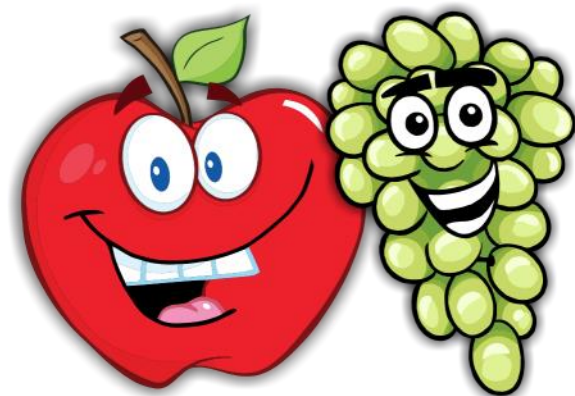
**Friday, April 6**

Cereal Bowl

Applesauce

100% Fruit Juice Cup

Assorted Milk



come join us for

**Breakfast@School**

**Monday, April 9**

Apple Cinnamon Muffin

Chilled Peaches

100% Fruit Juice Cup

Assorted Milk

**Tuesday, April 10**

Warm Biscuit w/Butter & Jelly

Mixed Fruit

100% Fruit Juice Cup

Assorted Milk

**Wednesday, April 11**

Mini Berry French Toast

Cup of Grapes

100% Fruit Juice Cup

Assorted Milk

**Thursday, April 12**

Grape Jelly Filled Crescent Roll

Banana

100% Fruit Juice Cup

Assorted Milk

**Friday, April 13**

Cereal Bar & Trix Yogurt Cup

Sliced Pears

100% Fruit Juice Cup

Assorted Milk



**Monday, April 16**

Banana Loaf

Chilled Peaches

100% Fruit Juice

Assorted Milk

**Tuesday, April 17**

Chocolate Filled Crescent Rolls

Orange Smiles

100% Fruit Juice Cup

Assorted Milk

**Wednesday, April 18**

***New!***  
Mini Maple Sausage Pancake Bites

Mixed Fruit

100% Fruit Juice

Assorted Milk

**Thursday, April 19**

Mini Blueberry Waffles

Banana

100% Fruit Juice Cup

Assorted Milk

**Friday, April 20**

Cereal Bowl

Sliced Pears

100% Fruit Juice Cup

Assorted Milk

**Monday, April 23**

Banana Loaf

Chilled Peaches

100% Fruit Juice

Assorted Milk

**Tuesday, April 24**

Mini Cinnamon Rolls

Mixed Fruit

100% Fruit Juice Cup

Assorted Milk

**Wednesday, April 25**

***New!***  
Funnel Cake Waffle

Chilled Peaches

100% Fruit Juice

Assorted Milk

**Thursday, April 26**

Apple Frudel

Banana

100% Fruit Juice Cup

Assorted Milk

**Friday, April 27**

Cereal Bar & Trix Yogurt Cup

Applesauce

100% Fruit Juice Cup

Assorted Milk

**Monday, April 30**

Chocolate Chip Muffin

Chilled Peaches

100% Fruit Juice

Assorted Milk

**BREAKFAST@SCHOOL**  
helps keep kids healthy and gives them the energy they need to learn.



**First things First**

**To make a breakfast, choose at least one**

**Fruit** or **Juice**

**and at least three items total**

**SUSQUEHANNA TOWNSHIP SD FOOD SERVICE**

**EGG-CELLENT.**



Ah, the humble, wonderful egg! Just 75 or so calories, but with seven grams of high-quality protein, plus iron, vitamins, minerals, and other disease fighting nutrients. Versatile for cooking. Inexpensive. Readily available. Perhaps the perfect food - for breakfast, or any time!

**EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.**  
**WELLNESS IS A WAY OF LIFE!**