



# BREAKFAST @SCHOOL

**For first-class learning!**

**Thomas Holtzman Elementary School**

Featuring  
Healthy Fruits  
& Grains!

**BREAKFAST MENU  
FOR APRIL 2018**

*This institution is an equal opportunity provider and employer.*

**Monday, April 2**

*No School*

*Spring Break*

**Tuesday, April 3**

Chocolate Chip Muffin

Chilled Peaches

Chef's Choice Fruit

Assorted Milk

**Wednesday, April 4**

Mini Bagels w/Cinnamon Cream Cheese

Mixed Fruit

100% Fruit Juice Cup

Assorted Milk

**Thursday, April 5**

Mini Maple Pancakes

Banana

Chef's Choice Fruit

Assorted Milk

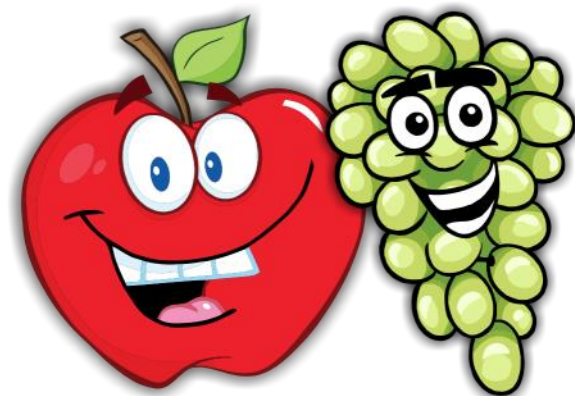
**Friday, April 6**

Cereal Bowl

Applesauce

Chef's Choice Fruit

Assorted Milk



**come join us for**

**Breakfast@School**

**Monday, April 9**

Apple Cinnamon Muffin

Chilled Peaches

100% Fruit Juice Cup

Assorted Milk

**Tuesday, April 10**

Warm Biscuit w/Butter & Jelly

Mixed Fruit

Chef's Choice Fruit

Assorted Milk

**Wednesday, April 11**

Mini Berry French Toast

Cup of Grapes

100% Fruit Juice Cup

Assorted Milk

**Thursday, April 12**

Grape Jelly Filled Crescent Roll

Banana

Chef's Choice Fruit

Assorted Milk

**Friday, April 13**

Cereal Bar & Trix Yogurt Cup

Sliced Pears

Chef's Choice Fruit

Assorted Milk



**Monday, April 16**

Banana Loaf  
  
Chilled Peaches  
  
100% Fruit Juice  
  
Assorted Milk

**Tuesday, April 17**

Chocolate Filled Crescent Rolls  
  
Orange Smiles  
  
Chef's Choice Fruit  
  
Assorted Milk

**Wednesday, April 18**

***New!***  
Mini Maple Sausage Pancake Bites  
  
Mixed Fruit  
  
100% Fruit Juice  
  
Assorted Milk

**Thursday, April 19**

Mini Blueberry Waffles  
  
Banana  
  
Chef's Choice Fruit  
  
Assorted Milk

**Friday, April 20**

Cereal Bowl  
  
Sliced Pears  
  
Chef's Choice Fruit  
  
Assorted Milk

**Monday, April 23**

Banana Loaf  
  
Chilled Peaches  
  
100% Fruit Juice  
  
Assorted Milk

**Tuesday, April 24**

Mini Cinnamon Rolls  
  
Mixed Fruit  
  
Chef's Choice Fruit  
  
Assorted Milk

**Wednesday, April 25**

***New!***  
Funnel Cake Waffle  
  
Chilled Peaches  
  
100% Fruit Juice  
  
Assorted Milk

**Thursday, April 26**

Mini Bagels w/Strawberry Cream Cheese  
  
Banana  
  
Chef's Choice Fruit  
  
Assorted Milk

**Friday, April 27**

Cereal Bar & Trix Yogurt Cup  
  
Applesauce  
  
Chef's Choice Fruit  
  
Assorted Milk

**Monday, April 30**

Chocolate Chip Muffin  
  
Chilled Peaches  
  
100% Fruit Juice  
  
Assorted Milk

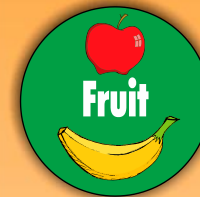
# BREAKFAST@SCHOOL

helps keep kids healthy and gives them the energy they need to learn.



# First things First

To make a breakfast, choose at least one



OR



and at least three items total



SUSQUEHANNA TOWNSHIP SD FOOD SERVICE

# EGG-CELLENT.



Ah, the humble, wonderful egg! Just 75 or so calories, but with seven grams of high-quality protein, plus iron, vitamins, minerals, and other disease fighting nutrients. Versatile for cooking. Inexpensive. Readily available. Perhaps the perfect food - for breakfast, or any time!

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.  
**WELLNESS IS A WAY OF LIFE!**