



# BREAKFAST @SCHOOL

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**BREAKFAST MENU  
FOR APRIL 2019**

Thomas Holtzman Elementary School

*This institution is an equal opportunity provider and employer.*

**Monday, April 1**

Blueberry Loaf  
Chilled Peaches  
100% Fruit Juice  
Assorted Milk

**Tuesday, April 2**

Mini Cinnamon Rolls  
Cup of Grapes  
Chef's Choice Fruit  
Assorted Milk

**Wednesday, April 3**

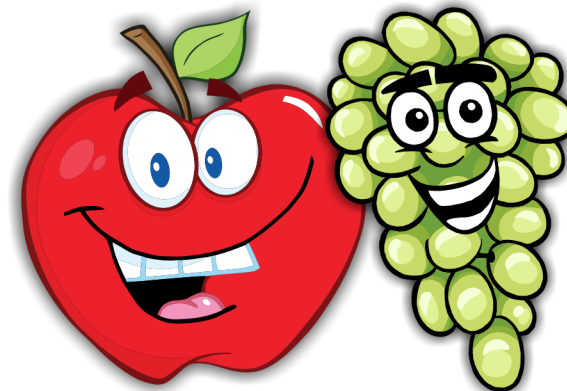
Cereal Bar & Trix Yogurt Cup  
Mixed Fruit  
100% Fruit Juice  
Assorted Milk

**Thursday, April 4**

Funnel Cake Waffle  
Sliced Pears  
Chef's Choice Fruit  
Assorted Milk

**Friday, April 5**

Chocolate Filled Crescent Roll  
Banana  
Chef's Choice Fruit  
Assorted Milk



come join us for

**Breakfast@School**

**Monday, April 8**

Chocolate Chip Muffin  
Sliced Pears  
100% Fruit Juice  
Assorted Milk

**Tuesday, April 9**

Mini Bagels w/ Cinnamon Cream Cheese  
Chilled Peaches  
Chef's Choice Fruit  
Assorted Milk

**Wednesday, April 10**

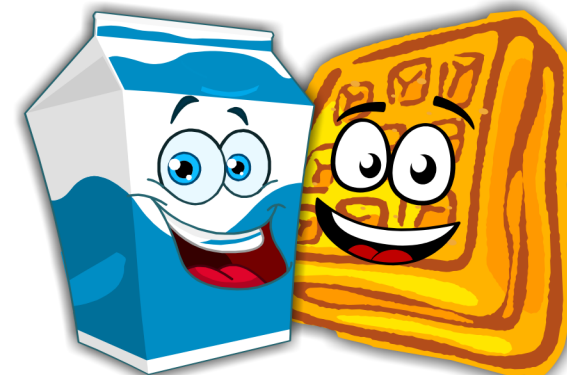
Pop Tarts  
Mixed Fruit  
100% Fruit Juice  
Assorted Milk

**Thursday, April 11**

Mini Maple Pancakes  
Banana  
Chef's Choice Fruit  
Assorted Milk

**Friday, April 12**

Cereal Bowl  
Applesauce  
Chef's Choice Fruit  
Assorted Milk



**Monday, April 15**

Mini Bagels w/  
Strawberry Cream  
Cheese  
  
100% Fruit Juice  
  
Chef's Choice Fruit  
  
Assorted Milk

**Tuesday, April 16**

Apple Cinnamon  
Muffin  
  
Chilled Peaches  
  
Chef's Choice Fruit  
  
Assorted Milk

**Wednesday, April 17**

Warm Biscuit  
w/Butter & Jelly  
  
Cup of Grapes  
  
100% Fruit Juice  
  
Assorted Milk

**Thursday, April 18**

Grape Jelly Filled  
Crescent Roll  
  
Banana  
  
Chef's Choice Fruit  
  
Assorted Milk

**Friday, April 19**

**No  
School**  
  
**Spring  
Break**

**Monday, April 22**

**No  
School**  
  
**Spring  
Break**

**Tuesday, April 23**

Mini Maple Sausage  
Pancake Bites  
  
Applesauce  
  
Chef's Choice Fruit  
  
Assorted Milk

**Wednesday, April 24**

Mini Blueberry  
Waffles  
  
Orange Smiles  
  
100% Fruit Juice  
  
Assorted Milk

**Thursday, April 25**

Apple  
Frudel  
  
Pineapples  
  
Chef's Choice Fruit  
  
Assorted Milk

**Friday, April 26**

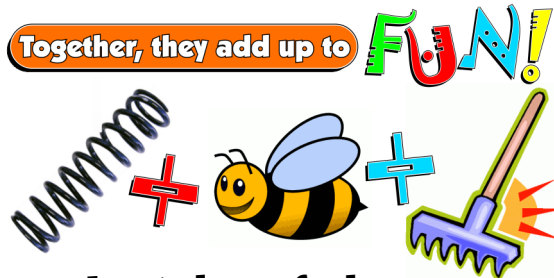
Cereal Bowl  
  
Banana  
  
Chef's Choice Fruit  
  
Assorted Milk

**Monday, April 29**

Blueberry Loaf  
  
Chilled Peaches  
  
100% Fruit Juice  
  
Assorted Milk

**Tuesday, April 30**

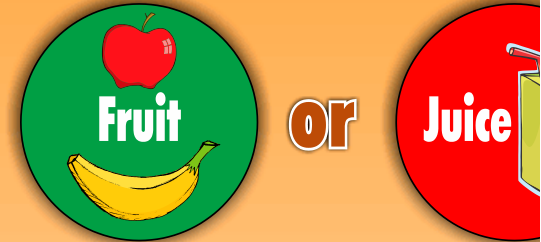
Mini Cinnamon Rolls  
  
Cup of Grapes  
  
Chef's Choice Fruit  
  
Assorted Milk



**Last day of classes:  
Thursday, April 18**  
**Classes resume:  
Tuesday, April 23**

**First things Fi**

**To make a breakfast  
choose at least a**



**EGG-CELLENT.**



Ah, the humble, wonderful egg!  
Just 75 or so calories, but with seven grams of high-quality protein, plus iron, vitamins, minerals, and other disease fighting nutrients. Versatile for cooking. Inexpensive. Readily available. Perhaps the perfect food - for breakfast, or any time!

**EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.  
WELLNESS IS A WAY OF LIFE!**