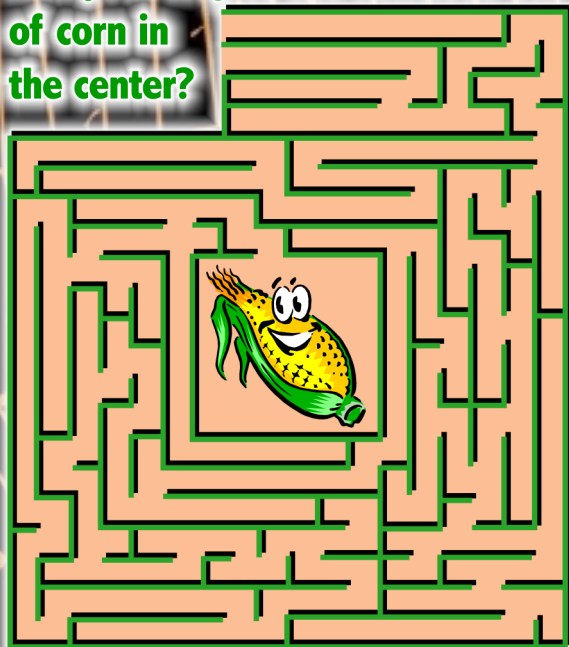




## Can you solve the Amazing Maze o' Maize?

Another name for corn is "maize," and although this may not be the biggest maize maze in the world, it's still FUN! Can you find your way to the delicious ear of corn in the center?



Learn more at [www.CHOOSEMYPLATE.gov](http://www.CHOOSEMYPLATE.gov) or [http://kidshealth.org/kid/stay\\_healthy/food/pyramid.html](http://kidshealth.org/kid/stay_healthy/food/pyramid.html)

Monday, October 15

Taco Nachos

Alternative Entrée  
Chicken Patty or Select Entrée Salads

*Served with Choice of:*  
Fiesta Fixins,  
Chef's Choice Fruit,  
Assorted Milk

Tuesday, October 16

Meatball Sub

Alternative Entrée  
Chicken Patty or Select Entrée Salads

*Served with Choice of:*  
Potato Wedges,  
Steamed Broccoli,  
100% Fruit Juice,  
Assorted Milk

Wednesday, October 17

**SUBWAY**

Alternative Entrée  
Chef's Choice or Select Entrée Salads

*Served with Choice of:*  
Veggie Pick-up & Dip,  
Chef's Choice Fruit,  
Assorted Milk

Thursday, October 18

Pizzeria Pizza w/ or without Pepperoni

Alternative Entrée  
Chicken Patty or Select Entrée Salads

*Served with Choice of:*  
Baby Carrots,  
100% Fruit Juice Cup,  
Assorted Milk

Friday, October 19

Breakfast for Lunch

**Deli Rail**  
Chicken Patty or Select Entrée Salads

*Served with Choice of:*  
Tri-Taters,  
Veggie Pick-Up,  
Chef's Choice Fruit,  
Assorted Milk

Monday, October 22

Chicken Parmesan Sandwich

Alternative Entrée  
Fish Sandwich or Select Entrée Salads

*Served with Choice of:*  
Tater Tots,  
Green Beans,  
Chef's Choice Fruit,  
Assorted Milk

Tuesday, October 23

Turkey Ham & Cheese on a Roll

Alternative Entrée  
Fish Sandwich or Select Entrée Salads

*Served with Choice of:*  
Baby Carrots,  
100% Fruit Juice Cup,  
Assorted Milk

Wednesday, October 24

"Have It Your Way" Burger Day

Alternative Entrée  
Fish Sandwich or Select Entrée Salads

*Served with Choice of:*  
Baked Beans,  
Lettuce & Tomato Fixins,  
Chef's Choice Fruit,  
Assorted Milk

Thursday, October 25

Chicken Tenders & Tea Roll

Alternative Entrée  
Fish Sandwich or Select Entrée Salads

*Served with Choice of:*  
Steamed Broccoli,  
100% Fruit Juice Cup,  
Assorted Milk

Friday, October 26

Italian Dunkers w/Marinara Sauce

Alternative Entrée  
Fish Sandwich or Select Entrée Salads

*Served with Choice of:*  
Sweet Peas,  
Chef's Choice Fruit,  
Assorted Milk

Monday, October 29

**SUBWAY**

Alternative Entrée  
Chef's Choice or Select Entrée Salads

*Served with Choice of:*  
Veggie Pick-up & Dip,  
Chef's Choice Fruit,  
Assorted Milk

Tuesday, October 30

Popcorn Chicken w/Mashed Potatoes & Tea Roll

Alternative Entrées  
Turkey Pepperoni Stuffed Sandwich or Select Entrée Salads

*Served with Choice of:*  
Green Beans,  
100% Fruit Juice,  
Assorted Milk

Wednesday, October 31

No Lunch

*Early Dismissal*

*Professional Development*

**The original value meal & still a fantastic deal!**

**Breakfast** **Lunch**

**\$2.00** **\$3.10**

Get in touch with us today to learn more about free and reduced-price meals in our district:  
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