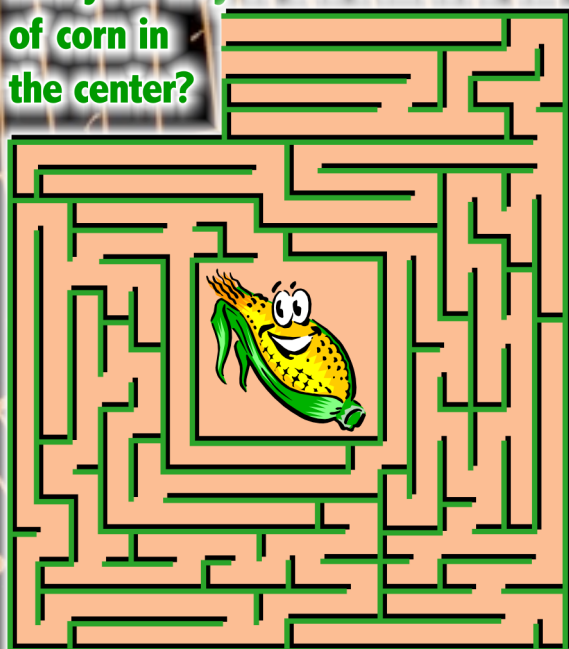




## Can you solve the Amazing Maze o' Maize?

Another name for corn is "maize," and although this may not be the biggest maize maze in the world, it's still FUN! Can you find your way to the delicious ear of corn in the center?



Learn more at [www.CHOOSEMYPLATE.gov](http://www.CHOOSEMYPLATE.gov) or [http://kidshealth.org/kid/stay\\_healthy/food/pyramid.html](http://kidshealth.org/kid/stay_healthy/food/pyramid.html)

Monday, October 15

Breakfast for Lunch

Alternative Entrée  
Chicken Patty

*Served with Choice of:*  
Tri-Taters,  
Veggie Pick-Up,  
Sweet & Sour Raisins,  
Assorted Milk

Tuesday, October 16

Meatball  
Sub

Alternative Entrée  
Chicken Patty

*Served with Choice of:*  
Potato Wedges,  
Steamed Broccoli,  
100% Fruit Juice,  
Assorted Milk

Wednesday, October 17

American Cheese Meat &  
Cheese Sub

Alternative Entrée  
Chicken Patty

*Served with Choice of:*  
Baked Beans,  
Pears,  
Assorted Milk

Thursday, October 18

Taco Nachos

Alternative Entrée  
Chicken Patty

*Served with Choice of:*  
Fiesta Fixins,  
100% Fruit Juice,  
Assorted Milk

Friday, October 19

Pizzeria Pizza

Alternative Entrée  
Chicken Patty

*Served with Choice of:*  
Baby Carrots, Apple Slices  
Assorted Milk

Monday, October 22

Chicken Parmesan  
Sandwich

Alternative Entrée  
Fish Sandwich

*Served with Choice of:*  
Tater Tots,  
Green Beans,  
Orange Smiles,  
Assorted Milk

Tuesday, October 23

Turkey Ham & Cheese  
on a Roll

Alternative Entrée  
Fish Sandwich

*Served with Choice of:*  
Baby Carrots,  
100% Fruit Juice Cup,  
Assorted Milk

Wednesday, October 24

"Have It Your Way"  
Burger Day

Alternative Entrée  
Fish Sandwich

*Served with Choice of:*  
Baked Beans,  
Lettuce & Tomato Fixins,  
Sweet Peaches  
Assorted Milk

Thursday, October 25

Chicken Tenders  
& Tea Roll

Alternative Entrée  
Fish Sandwich

*Served with Choice of:*  
Steamed Broccoli,  
100% Fruit Juice Cup,  
Assorted Milk

Friday, October 26

Italian Dunkers  
w/Marinara Sauce

Alternative Entrée  
Fish Sandwich

*Served with Choice of:*  
Sweet Peas,  
Fruit Cocktail,  
Assorted Milk

Monday, October 29

Mac n Cheese w/ a Tea Roll

Alternative Entrée  
Turkey Pepperoni Stuffed  
Sandwich

*Served with Choice of:*  
Steamed Broccoli,  
Applesauce,  
Assorted Milk

Tuesday, October 30

Popcorn Chicken w/Mashed  
Potatoes & Tea Roll

Alternative Entrées  
Turkey Pepperoni Stuffed  
Sandwich

*Served with Choice of:*  
Green Beans,  
100% Fruit Juice,  
Assorted Milk

Wednesday, October 31

**No  
Lunch**

**Early Dismissal**

**Professional  
Development**

**The original value meal  
& still a fantastic deal!**

**Breakfast — Lunch**

**\$1.75 \$2.75**

Get in touch with us today to learn more about  
free and reduced-price meals in our district:  
717-657-5100 ext.30132 or [jmc michael@hannasdr.org](mailto:jmc michael@hannasdr.org)