# **Menus for** December 2017

Thomas Holtzman Elementary School

This institution is an equal opportunity provider. Menus are subject to change.

Want to have MAMMOTH fun over the Holidays? Go check out the woolly mammoths at a natural history museum in your area. Or visit an art museum.

Or a national monument. Or a children's museum.

Cool stuff that's mostly inside!

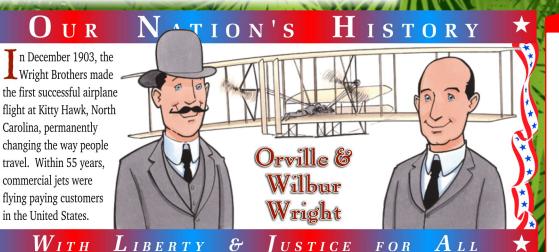
EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.

## Friday, December I

Pizzeria Pizza with or without Pepperoni

Alternative Entrées Chicken Patty or Salad

Served with Choice of: **Baby Carrots** Applesauce Assorted Milk



 $W_{ITH}$ 

Carolina, permanently changing the way people

travel. Within 55 years,

flying paying customers

commercial jets were

in the United States.

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Monday, December 4 Tuesday, December 5

**Chicken Tenders** Turkey Ham & Cheese & Tea Roll on a Roll

Alternative Entrées Alternative Entrées Fish Sandwich or Salad Fish Sandwich or Salad

Served with Choice of: Served with Choice of: Steamed Broccoli **Baby Carrots** 100% Fruit luice Sliced Pears Assorted Milk **Assorted Milk** 

#### Wednesday, December 6

No Lunch

Early Dismissal

**Professional Development** 

#### Thursday, December 7

"Have It Your Way" Burger Day

Alternative Entrées Fish Sandwich or Salad

Served with Choice of: Lettuce & Tomato Fixins **Baked Beans** 100% Fruit Juice Assorted Milk

### // // // Friday, December 8

Italian Dunkers w/Marinara Sauce

Alternative Entrées Fish Sandwich or Salad

Served with Choice of: Sweet Peas Chilled Peaches **Assorted Milk** 

THE ADVENTURES OF ot all taste food the same way. About one-fourth of all people are "super-tasters." **Super-tasters** apparently have more taste buds than other people, so everything they eat

tastes stronger to them. They react especially strongly to a bitter compound in broccoli and other veggies, which helps explain why some people dislike (or like) certain foods so intensely. Women are more likely to be supertasters than men. Another quarter of the population are "non-tasters." They have far fewer taste buds, and can often eat very spicy foods without noticing the burn. Now there's a super-human power!