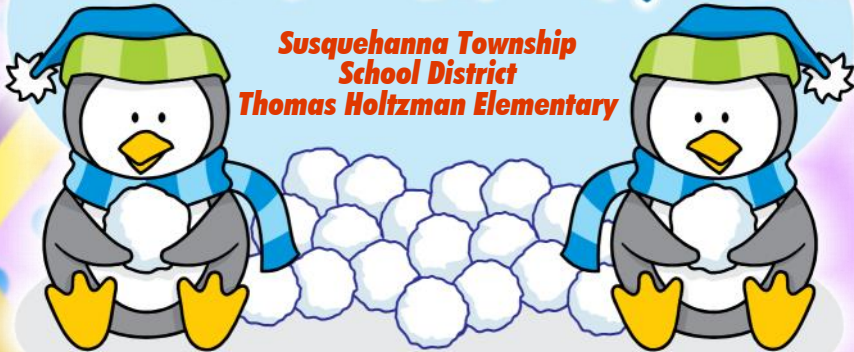


Menus for January 2018



Susquehanna Township
School District
Thomas Holtzman Elementary

This institution is an equal opportunity provider. Menus are subject to change.

2018
Make a Resolution To Save

Join us every day for convenient, economical, healthy meals!

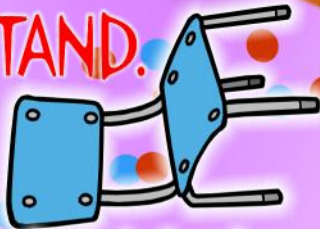
Breakfast	Lunch
\$1.75	\$2.75
Get in touch with us today to learn more about free and reduced-price meals in our district: 717-657-5100 x30132 or jmcmichael@hannasd.org	



Happy New Year and Welcome Back!
We hope you enjoyed your break!

TAKE A STAND.

On average, adults over 45 sit for over 12 of 16 waking hours. Kids aged 8-18 sit for 4.5 hours a day at school – and average another 7 hours of total screen time the rest of the day. Health experts say we should stand much more at work and school and try not to sit for more than 30 minutes at a stretch.



EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

Tuesday, January 2	Wednesday, January 3	Thursday, January 4	Friday, January 5
French Bread Pizza with or without Pepperoni	Mini Corn Dog Nuggets	Taco Day	Chicken Tenders & Tea Roll
Alternative Entrées Fish Sandwich or Salad	Alternative Entrées Fish Sandwich or Salad	Alternative Entrées Fish Sandwich or Salad	Alternative Entrées Fish Sandwich or Salad
Served with Choice of: Veggie Pick-up & Dip 100% Fruit Juice Assorted Milk	Served with Choice of: Steamed Broccoli Baked Beans Orange Smiles Assorted Milk	Served with Choice of: Rice & Peas Fiesta Fixins 100% Fruit Juice Assorted Milk	Served with Choice of: Green Beans Chilled Peaches Assorted Milk
Monday, January 8	Tuesday, January 9	Wednesday, January 10	Thursday, January 11
Chicken Nuggets & Tea Roll	Stuffed Crust Pizza with or without Pepperoni	Early Dismissal	Chicken Patty Sandwich
Alternative Entrées Hamburger or Salad	Alternative Entrées Hamburger or Salad	Professional Development	Alternative Entrées Hamburger or Salad
Served with Choice of: Tater Tots Veggie Pick-up & Dip Mixed Fruit Assorted Milk	Served with Choice of: Baby Carrots 100% Fruit Juice Assorted Milk	No Lunch	Served with Choice of: Seasoned Potatoes 100% Fruit Juice Assorted Milk
Friday, January 12			
Pepperoni Bosco Sticks w/ Marinara Sauce			
Alternative Entrées Hamburger or Salad			
Served with Choice of: Peas & Carrots Apple Slices Assorted Milk			