HERITAGE SNACK MENU

Our Snack program follows the School Nutrion Guidelines:

Contains no more than 6gm of fat and meets 2 of the following criteria: 300 or fewer calories, 1 or more grams of fiber, contains at least 10% of Daily Value for Calcium, Iron, Vitamin A or C.

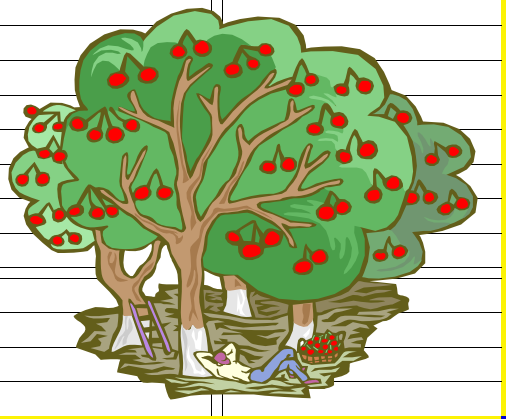
Snack Menu	Week 1	Week 2	Week 3	Week 4
	Sept. 7, Oct. 4, Nov 1, Dec 6	Sept. 13, Oct.11, Nov 8, Dec 13	Sept 20, Oct. 18, Nov 15,	Sept. 27, Oct. 25, Nov. 29
MONDAY	Scooby Snack Grahams or Fresh Fruit	Cereal To Go Bag or Fresh Fruit	State Cookies or Fresh Fruit	Clodhoppers or Fresh Fruit
TUESDAY	Baked Cheetos or Fresh Fruit	Fruit Snack or Fresh Fruit	Soft Pretzel or Fresh Fruit	Popcorn or Fresh Fruit
WEDNESDAY	Proballs or Fresh Fruit	Cheesy O's or Fresh Fruit	Kids Mix or Fresh Fruit	Goldfish or Fresh Fruit
THURSDAY	WG Chocolate Chip Cookie or Fresh Fruit	WG Chocolate Chip Cookie or Fresh Fruit	WG Chocolate Chip Cookie or Fresh Fruit	WG Chocolate Chip Cookie or Fresh Fruit
FRIDAY	Sherbet or Fresh Fruit	Sheezit Scrabble Junior or Fresh Fruit	Bug Bites or Fresh Fruit	Jack Links Stick or Fresh Fruit

ALL SNACKS, EXTRA MILK OR JUICE COST **50 CENTS** PER ITEM.

STUDENT TO PARTICIPATE. IF YOU WISH TO OPT OUT - CALL OUR OFFICE AT 734-429-8045 AND WE CAN PUT ACCOUNT. THANK YOU

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY

Thank you for Supporting the Food Service Department!



In accordance with Federal law and U.S. Dept. of Agriculture policy, this program prohibits discrimination on the basis of race, color, national origin, sex, age, religion, political beliefs, or disability. "To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, S.W, Washington, D.C. 20250-9410 or call (800)795-3272voice or (202)720-6382TTY. USDA is an equal opportunity provider and employer."