

Monday, April I

<u>Breakfast</u>

Sausage Biscuit

Lunch

Hamburger with Fixins French Fries Fruit Delight



Tuesday, April 2

<u>Breakfast</u>

Breakfast Pizza

Lunch

Taco Salad Tortilla Chips Whole Kernel Corn

IF THE SHOE FITS . .

The shoebill bird
of Africa has one
of the most
appropriate
names of
any animal
on earth!
That giant beak
is shaped just
like a really big
shoe! A shoebill
will stand still in

the water for hours

before suddenly

plunging its head into

the water to catch fish

up to a foot and a half

other delicacies unlucky

enough to wander into a

long, as well as any

shoebill's range.

Wednesday, April 3

Breakfast

Pancakes & Link Sausage

Lunch

Chicken
Baked Sweet Potato
Black Eyed Peas
Cornbread

Thursday, April 4

Breakfast

Chicken & Waffles

Lunch

Beef-a-Roni English Peas Garden Salad Hot Roll

Friday, April 5

Breakfast

Cinnamon Biscuit & Sausage

Lunch

Pizza Garden Salad French Fries

Monday, April 8

Breakfast

Sausage Biscuit

Lunch

Crispitos
Pinto Beans
Rice
Broccoli with Ranch

Tuesday, April 9

Breakfast

French Toast & Sausage

Lunch

BBQ Sandwich Baked Beans Garden Salad

Wednesday, April 10

Breakfast

Steak Biscuit

<u>Lunch</u>

Chicken Bites or Hot Wings Garden Salad Roasted Potatoes Hot Roll

Thursday, April II

Breakfast

Pancakes & Sausage

<u>Lunch</u>

Salisbury Steak with Gravy Mashed Potatoes Green Peas Hot Roll

Friday, April 12

Breakfast

Ham Biscuit

<u>Lunch</u>

Chicken Sandwich Mixed Vegetables Fries Side Salad

YOU'RE GETTING WARM.

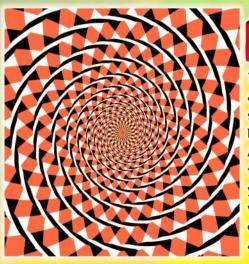


One of the best
ways to avoid
getting hurt playing a sport, in
gym class, and even
on the playground is to stretch out a little
first and start off slowly
before you go all out.

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER. WELLNESS IS A WAY OF LIFE!

ANDWALL APPETITES

v Bob Owen



III Only an USION

This image might look like a spiral, but it's not — it's a series of circles. The background makes it APPEAR to be a spiral. Try tracing one of the lines if you're not convinced. You won't move inward or outward — you'll just go around in a circle.

Monday, April 15

Breakfast

Pancakes & Sausage

<u>Lunch</u>

Steak Nuggets Green Beans Glazed Carrots Hot Roll

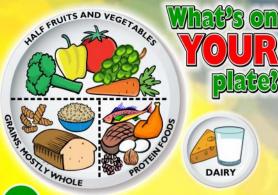
Tuesday, April 16

Breakfast

Breakfast Pizza

<u>Lunch</u>

Turkey and Cheese Hoagie Chips with Salsa Pudding Cup



• What's the GOOFIEST thing about a GOOBER?

Wednesday, April 17

Breakfast

Waffle Stix & Sausage

Lunch

Hot Dog Chili Cheese Fries Garden Salad

Thursday, April 18

Breakfast

Cinnamon Biscuit & Ham

Lunch

Spaghetti Garden Salad Garlic Bread Cake

Friday, April 19

Breakfast

Sausage & Egg Biscuit

Lunch

Chicken Nuggets Tater Tots Cheesy Broccoli Hot Roll

Monday, April 22

Breakfast

Sausage Biscuit

Lunch

Pizza Cheesy Nachos Garden Salad

Tuesday, April 23

Breakfast

Chicken Biscuit

Lunch

Beef & Bean Burrito
Pinto Beans
Garden Salad



"Goober" is another name for a peanut, and the goofiest thing about a peanut is that it's not really a nut at all! Peanuts are really beans that grow under ground. Real nuts are sometimes called "tree nuts."

Learn more at www.CHOOSEMYPLATE.gov or http://kidshealth.org/kid/stay healthy/food/pyramid.html

Wednesday, April 24

Breakfast

Pancakes & Sausage

<u>Lunch</u>

BBQ Sandwich Garden Salad Potato Wedges Cookie

Thursday, April 25

Breakfast

Smoked Sausage Biscuit

Lunch

Chicken

Mashed Potatoes & Gravy
English Peas
Hot Roll

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Available Daily

Choice of Fruit Milk Offered with every Meal

Lunch Fish Nuggets Tater Tots

Tater Tots Slaw Cookie

Friday, April 26

Breakfast

Waffles & Sausage

Monday, April 29

Breakfast

Ham Biscuit

Lunch

Corndog French Fries Baked Beans

Tuesday, April 30

<u>Breakfast</u>

Breakfast Pizza

<u>Lunch</u>

Quesadilla Garden Salad Roasted Broccoli Vanilla Pudding