



Menus for May 2019

Tallapoosa County Schools - Dadeville

This institution is an equal opportunity provider. Menus are subject to change.

Wednesday, May 1

Breakfast
Sausage & Egg Biscuit

Lunch
Taco Salad
Pinto Beans


Thursday, May 2

Breakfast
Pancakes with Link Sausage

Lunch
Chicken
Mashed Potatoes
Peas & Carrots
Roll

SAFETY FIRST.

Lightning can strike even if it's not raining and the skies around you are sunny! If you can hear thunder, you could be in danger, so always follow the rule, "If thunder roars, stay indoors" - and not under a tree!



EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER. WELLNESS IS A WAY OF LIFE!

Friday, May 3

Breakfast
Sausage Biscuit

Lunch
Cheeseburger
Side Salad
Fries

Monday, May 6

Breakfast
Pancakes & Link Sausage

Lunch
Fish Sandwich
Tater Tots
Coleslaw

Tuesday, May 7

Breakfast
Steak Biscuit

Lunch
BBQ Chicken Sandwich
Sweet Potato Fries

CINCO de MAYO

Cinco de Mayo (Spanish for "May Fifth") is a time to celebrate Mexican-American food and culture in the U.S. It's a much bigger deal here than it is in Mexico!

Wednesday, May 8

Breakfast
French Toast & Sausage

Lunch
Beef-a-roni
Green Beans
Side Salad
Roll

Thursday, May 9

Breakfast
Breakfast Pizza

Lunch
Chicken Nuggets
Lima Beans
Side Salad
Biscuit



A lot of people in the "Lower 48" states don't realize just how gigantic the state of Alaska is! The next three biggest states combined - Texas, California, and Montana - don't equal the size of Alaska. And if you could put Alaska inside the Lower 48 states, this is about what it would look like. The smallest state, Rhode Island, could fit into Alaska 425 times!

Friday, May 10

Breakfast
Chicken Biscuit

Lunch
Ham & Cheese Sandwich
Chips
Fruit Cup

MOTHER'S DAY SUNDAY, MAY 12



Choice of Fruit & Milk Offered with meals



Q: Where do we get most of the tomatoes we eat?

A: The average American eats close to 30 pounds of tomatoes a year, and all of them started off on a vine somewhere! But less than half the tomatoes we eat are fresh. We get most of our tomatoes in processed forms – out of a bottle of ketchup, in pizza sauce, or as various kinds of canned tomatoes.



Learn more at www.CHOOSMYPLATE.gov or http://kidshealth.org/kid/stay_healthy/food/pyramid.html

Monday, May 13

Breakfast
Sausage Biscuit

Lunch
Steak Nuggets
Yams
Blak eyed Peas
Cornbread

Tuesday, May 14

Breakfast
Breakfast Pizza

Lunch
Steak & Egg Biscuit
Grits
Hash Browns

Wednesday, May 15

Breakfast
Pancakes & Sausage

Lunch
Crispitos
Cheesy Nachos
Pinto Beans
Side Salad

NUTRITION TO GO

Some studies suggest that blueberries can improve brain functioning and protect against age-related mental decline. The high amount of "antioxidants" in blueberries may actually help the brain stay younger longer! Blueberry season runs from May to September.

A QUICK BITE FOR PARENTS

Thursday, May 16

Breakfast
Cinnamon Biscuit & Sausage

Lunch
Chicken Sandwich
Baked Beans



STRANGE BUT TRUE!

"HAPPY BIRTHDAY TO YOU" IS THE MOST RECOGNIZED SONG IN THE ENGLISH LANGUAGE. BUT AT FIRST IT **WASN'T EVEN A BIRTHDAY SONG**. IT WAS ORIGINALLY CALLED "GOOD MORNING TO ALL" AND WAS WRITTEN BY TWO KINDERGARTEN TEACHERS BECAUSE IT WAS EASY FOR LITTLE KIDS TO SING!

Friday, May 17

Breakfast
Ham Biscuit

Lunch
Hot Dog
Fries
Side Salad

Monday, May 20

Breakfast
Sausage Biscuit

Lunch
Pizza
Fries
Side Salad


Tuesday, May 21

Breakfast
Waffles & Sausage

Lunch
Corn Dog
Tater Tots
Baked Beans

Wednesday, May 22


Manager's Choice



Breakfast & Lunch menus chosen especially for you by our Manager!

Thursday, May 23

Manager's Choice



Breakfast & Lunch menus chosen especially for you by our Manager!

YOUR ASSIGNMENT

Have a GREAT summer!
We'll see you in a few months!

