

#### Monday, April I

### **Breakfast**

Pancakes & Ham

#### Lunch

Chicken Tenders Candied Yams Black eyed Peas



#### Tuesday, April 2

#### **Breakfast**

Sausage Link Biscuit

#### Lunch

Cheeseburger Tater Tots Cookie

The shoebill bird of Africa has one of the most appropriate names of any animal on earth! That giant beak

is shaped just

like a really big shoe! A shoebill will stand still in the water for hours before suddenly plunging its head into the water to catch fish up to a foot and a half long, as well as any other delicacies unlucky enough to wander into a

shoebill's range.

v Bob Owen

#### Wednesday, April 3

#### **Breakfast**

French Toast & Sausage

#### Lunch

Taco Salad **Tortilla Chips** Pinto Beans

#### Thursday, April 4

#### **Breakfast**

Sausage & Egg Biscuit

#### Lunch

Pizza Garden Salad Whole Kernel Corn Fruited Gelatin

#### Friday, April 5

#### **Breakfast**

Breakfast Pizza

#### Lunch

Corndog French Fries **Baked Beans** Side Salad

#### Monday, April 8

#### **Breakfast**

Chicken Biscuit

#### Lunch

Pizza Hot Pocket Garden Salad French Fries Cookie

#### Tuesday, April 9

#### **Breakfast**

Mini French Toast & Ham

#### Lunch

BBO Sandwich **Baked Beans** Corn on Cob Cole Slaw

#### Wednesday, April 10

#### **Breakfast**

Sausage Biscuit

#### Lunch

Chicken Bites **Candied Yams** Pinto Beans Cornbread

#### Thursday, April II

#### **Breakfast**

Pancakes & Sausage

#### Lunch

Steak Nuggets **Mashed Potatoes English Peas** Dinner Roll

#### Friday, April 12

#### **Breakfast**

Scrambled Eggs & Biscuit

#### Lunch

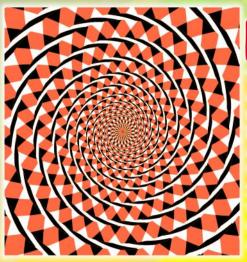
Turkey & Cheese Sandwich **Assorted Chips** Cookie

### YOU'RE GETTING WARM.



One of the best ways to avoid getting hurt playing a sport, in gym class, and even on the playground is to stretch out a little first and start off slowly before you go all out.

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER. **WELLNESS IS A WAY OF LIFE!** 



# III Only an USION

This image might look like a spiral, but it's not — it's a series of circles. The background makes it APPEAR to be a spiral. Try tracing one of the lines if you're not convinced. You won't move inward or outward — you'll just go around in a circle.

#### Monday, April 15

#### Breakfast

Ham & Cheese Biscuit

#### <u>Lunch</u>

Chicken Sandwich Potato Wedges Side Salad

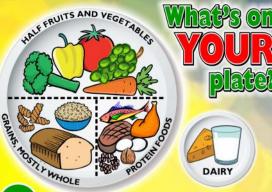
#### Tuesday, April 16

#### <u>Breakfast</u>

Pancakes & Sausage

#### <u>Lunch</u>

Pizza Tossed Salad Whole Kernel Corn Cookie



## • What's the GOOFIEST thing about a GOOBER?

#### Wednesday, April 17

#### **Breakfast**

Sausage Biscuit

#### Lunch

Hot Dog French Fries Baked Beans

#### Thursday, April 18

#### **Breakfast**

Pancake Pup

#### Lunch

Spaghetti Green Beans Garlic Breadstick

#### Friday, April 19

#### **Breakfast**

Breakfast Pizza

#### Lunch

Hot Wings or Chicken Nuggets Potato Tots Tossed Salad Broccoli, Carrots, Celery

#### Monday, April 22

#### **Breakfast**

Sausage Biscuit

#### **Lunch**

Chicken Quesadilla Cheesy Nachos Pinto Beans

#### Tuesday, April 23

#### **Breakfast**

Chicken Biscuit

#### Lunch

Beef a Roni Mixed Vegetables Side Salad Bread Stcik



"Goober" is another name for a peanut, and the goofiest thing about a peanut is that it's not really a nut at all! Peanuts are really beans that grow under ground. Real nuts are sometimes called "tree nuts."

Learn more at www.CHOOSEMYPLATE.gov or http://kidshealth.org/kid/stay healthy/food/pyramid.html

#### Wednesday, April 24

#### **Breakfast**

Waffles & Sausage

#### <u>Lunch</u>

Roasted Turkey & Gravy Mashed Potatoes English Peas Dinner Roll

#### Thursday, April 25

#### **Breakfast**

Ham & Egg Biscuit

#### <u>Lunch</u>

Sloppy Joe Tater Tots Tossed Salad Chocolate Chip Cookie

#### 25

Available Daily

Choice of Fruit
Milk Offered with
every Meal

#### Friday, April 26

#### Breakfast

Mini Pancakes & Sausage

#### <u>Lunch</u>

Fish Nuggets French Fries Hush Puppies Coleslaw

#### Monday, April 29

#### **Breakfast**

Ham Biscuit

#### Lunch

Fajita Chicken Rice Roasted Broccoli Dinner Roll

#### Tuesday, April 30

#### **Breakfast**

Steak Biscuit

#### Lunch

Crispito
Cheesy Nachos
Pinto Beans