

## Monday, April I

## **Breakfast**

Pancakes & Sausage

## Lunch

Fish Nuggets French Fries Coleslaw Hushpuppies Brownie



## Tuesday, April 2

## **Breakfast**

Breakfast Wrap

#### Lunch

Chicken & Rice Casserole Carrots Green Beans Dinner Roll

The shoebill bird of Africa has one of the most appropriate names of any animal on earth! That giant beak is shaped just like a really big shoe! A shoebill will stand still in the water for hours before suddenly plunging its head into the water to catch fish up to a foot and a half long, as well as any other delicacies unlucky

enough to wander into a

shoebill's range.

v Bob Owen

## Wednesday, April 3

## **Breakfast**

Sausage & Gravy Biscuit

## Lunch

Cavatini Steamed Broccoli Garden Salad Dinner Roll

## Thursday, April 4

## **Breakfast**

Ham Biscuit

## Lunch

Roasted Turkey Mashed Potatoes Lima Beans Dinner Roll Gelatin with Fruit

## Friday, April 5

## **Breakfast**

French Toast & Sausage

#### Lunch

**Hot Pocket Cheesy Fries** Salad Cookie

## Monday, April 8

#### **Breakfast**

Breakfast Wrap

#### Lunch

Cheeseburger French Fries Brownie Fruit

## Tuesday, April 9

## **Breakfast**

Blueberry Muffin & Sausage

#### Lunch

Faiita Chicken Rice Green Beans Dinner Roll

## Wednesday, April 10

## **Breakfast**

Cinnamon Roll & Sausage

## Lunch

**Biscuit** Scrambled Eggs Sausage Line **Tomato Slices** Grits

## Thursday, April II

## **Breakfast**

Breakfast Pizza

## Lunch

Roasted Turkey & Gravy Mashed Potatoes **English Peas** Dinner Roll

## Friday, April 12

## **Breakfast**

Sausage Link Biscuit

## Lunch

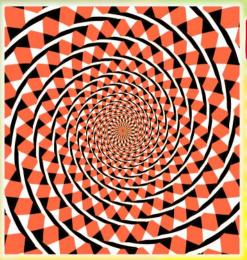
BBO Sandwich French Fries **Baked Beans** Cookie

## YOU'RE GETTING WARM.



playing a sport, in gym class, and even on the playground is to stretch out a little first and start off slowly before you go all out.

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER. **WELLNESS IS A WAY OF LIFE!** 



## III Only an III USIOn

This image might look like a spiral, but it's not — it's a series of circles. The background makes it APPEAR to be a spiral. Try tracing one of the lines if you're not convinced. You won't move inward or outward — you'll just go around in a circle.

## Monday, April 15

## Breakfast

Waffle & Sausage

## <u>Lunch</u>

Pizza French Fries Garden Salad Brownie

## Tuesday, April 16

## <u>Breakfast</u>

Chicken Biscuit

## **Lunch**

Crispitos Cheesy Nachos Pinto Beans Cookie



# • What's the GOOFIEST • thing about a GOOBER?

## Wednesday, April 17

#### Breakfast

Sausage & Gravy Biscuit

#### Lunch

Hamburger Steak & Gravy Mashed Potatoes Baby Limas Dinner Roll

## Thursday, April 18

## **Breakfast**

Breakfast Pizza

#### Lunch

Oven Fried Chicken Black eyed Peas Yams Cornbread

## Friday, April 19

## **Breakfast**

Sausage Biscuit & Grits

## **Lunch**

Hot Dog Chili Garden Salad French Fries

## Monday, April 22

## **Breakfast**

Pancakes & Sausage

## Lunch

BBQ Sandwich French fries Baked Beans Brownie

## Tuesday, April 23

## **Breakfast**

Breakfast Wrap

## Lunch

Roasted Turkey Green Beans Rice Dinner Roll



"Goober" is another name for a peanut, and the goofiest thing about a peanut is that it's not really a nut at all! Peanuts are really beans that grow under ground. Real nuts are sometimes called "tree nuts."

Learn more at www.CHOOSEMYPLATE.gov or http://kidshealth.org/kid/stay healthy/food/pyramid.html

## Wednesday, April 24

## Breakfast

Sausage & Gravy Biscuit

## <u>Lunch</u>

Oven Fried Chicken Baby Lima Beans Mashed Potatoes Dinner Roll

## Thursday, April 25

## **Breakfast**

Breakfast Pizza

## <u>Lunch</u>

Taco Salad Whole Kernel Corn Cookie

# M Available Daily

Choice of Fruit Milk Offered with every Meal

## Friday, April 26

## **Breakfast**

Sausage Biscuit & Grits

## Lunch

Cheeseburger French Fries Cookie

#### Monday, April 29

## **Breakfast**

French Toast & Sausage

## Lunch

Pizza Garden Salad French Fries Brownie

## Tuesday, April 30

## **Breakfast**

Muffin & Sausage

## Lunch

Crispitos Cheesy Nachos Pinto Beans